



University of California Davis Extension 2018-2019 Infant-Parent Mental Health Fellowship Program in Napa, CA

PROVIDING PROFESSIONAL DEVELOPMENT & TRAINING IN INFANT & EARLY CHILDHOOD MENTAL HEALTH SINCE 2002

NAPA INFANT-PARENT
MENTAL HEALTH FELLOWSHIP

NAPA IPMH
FELLOWSHIP

UC DAVIS
EXTENSION

UNIVERSITY OF CALIFORNIA DAVIS EXTENSION
CONTINUING & PROFESSIONAL EDUCATION

Application Packet for the Napa Program January 2018 - April 2019

The University of California Davis Extension and the Napa Fellowship are extremely pleased to release the application for the 2018-2019 UCDE Napa Infant-Parent & Early Childhood Mental Health Fellowship program. This remarkable program is unlike any in the U.S., and provides working professionals the opportunity to engage in an outstanding 15-month specialty training program through classes offered on weekends in California's Napa Valley. This state and national award winning program was developed in Napa, CA in 2002 where it has operated continuously since its inception.

Upon completion of the 2018-2019 program, graduating Fellows will receive a Certificate of Completion and be awarded 23 academic quarter units in the graduate professional series from the University of California Davis Extension. UC Davis is ranked in the top 40 universities in the United States, is in the top 20 U.S. universities in research funding, and twenty-four of UCD's undergraduate programs are rated in the top 10 in the nation. Fellows will be enrolled with the University and will have access to the UC Davis Shields Library, which is one of the top research libraries in North America.

The UCDE Napa IPMHF is a 15-month intensive transdisciplinary program designed for professionals working with young children and their families, and typically meets in Napa, CA for 3 days each month, Friday-Sunday. The UCDE Napa IPMHF is committed to inter-disciplinary training with a philosophical belief that children and families are best served in the context of existing professional relationships where referral and consultation are used to address specific issues while maintaining a comprehensive, collaborative, and continuing approach to care. The training is based on a practice model encompassing promotion, prevention, early intervention, pan-disciplinary services, and discipline-specific services. Admission is open to post-baccalaureate through post-doctoral level professionals, and the 2018-2019 course tuition is \$8,000.

The goal of the UCDE Napa IPMHF is to support professionals in understanding relationship-oriented therapies and to focus therapeutic efforts on the infant-parent relationship and other important relationships in infancy and early childhood. The UCDE Napa Fellowship graduates are among a small group of providers worldwide who are formally trained in this important field. To explore current theoretical thinking, research findings, and models of care, the UCDE Napa IPMHF engages some of the most recognized luminaries in their fields as faculty for the program. The opportunity to think with these experts for an extended period of time in a small group is not only rare, but places the UCDE Napa IPMHF graduates on the leading edge of the infant-parent and early childhood mental health field.

The Fellowship was founded in the belief that just as children develop within the context of the family, providers develop within the context of the provider community where learning and professional development are optimized in an environment of support and respect. The UCDE Napa IPMHF is a program dedicated to the task of supporting practitioners to effectively treat disorders of infancy and early childhood within the milieu of relationship and family -- the milieu of development. This is where development happens moment-by-moment and day-by-day. It is also where development becomes derailed: moment-by-moment, day-by-day. Thus the Fellows will be taking on the task of understanding this enormously complex process, then learning and creating ways to work on this process moment-by-moment. We believe it is the most exciting of challenges, and one that will have a long-term and profound impact on infants, parents, providers, and systems everywhere.

Since 2002, the Napa IPMH Fellowship has enrolled psychologists, nurses, physicians, OTs, PTs, speech-language professionals, educators, marriage-family therapists, social workers, administrators, attorneys, early interventionists, and many other disciplines. Fellows have attended the Napa Fellowship from 36 California counties and 19 states including Alaska, Hawaii, Arizona, Florida, Idaho, Illinois, Kansas, Massachusetts, Missouri, North Carolina, New Mexico, Nevada, Oregon, Utah, Vermont, Washington, Wisconsin, Wyoming, and California. Fellows have also come from 9 countries including Canada, Italy, Mexico, New Zealand, El Salvador, Switzerland, England, Israel, and Thailand. Program graduates have provided services internationally from Africa to the Philippines, Mexico, Central & South America, Europe, China, New Zealand, Canada, India, Israel, Australia, Palau, Myanmar, Scandinavia, United Kingdom, and Vietnam. They teach and train in universities and other settings across the country and around the world, present in national and international forums, and provide services to thousands of children and families worldwide. **You are invited to join them and apply for the UC Davis Extension's 2017-2018 Napa Infant-Parent Mental Health Fellowship!**

Kristie Brandt, CNM, NP, DNP
*Napa Fellowship Founder
Program Director
Chief Faculty*

Rachel Talamantez, EdD, MFT
*Assistant Director
Reflective Practice &
Endorsement Support*

Mary Beth Steinfeld, MD
*Assistant Director
Academic Affiliation &
Clinical Liaisons*

Bruce Perry, MD, PhD
*Assistant Director
Curriculum Development &
Content Advising*

General Program Description

The UCDE Napa IPMHF is designed for professionals working with children, particularly those age 0-5 (chronological, developmental and/or functional), their families, or other caregivers. The Fellowship consists of thirteen intensive 3-day weekends in Napa, CA that are primarily interactive and dynamic didactic (classroom) hours with reflective sessions scheduled throughout the series of meetings. Each weekend addresses a larger topic area within the field of Infant-Parent & Early Childhood Mental Health and includes theoretical foundations, research, assessment, and video observation with a strong emphasis on clinical application of the material. Theoretical frameworks for the program focus heavily on the work of Drs. Berry Brazelton, Bruce Perry, Kristie Brandt, Daniel Stern, Connie Lillas, Peter Fonagy, Kathryn Barnard, Serena Wieder, and Louis Sander, and the neurorelational and neurodevelopmental models presented by the program's esteemed faculty.

The intent of the UCDE Napa IPMHF is to support professionals in enhancing their understanding of infant-parent and early childhood mental health concepts and develop skills, *relevant to their scope of practice*, that support infants, children and their families in optimal social-emotional development through: a) programs to promote optimal infant-parent and early childhood mental health and provide preventive interventions; b) surveillance, early detection, and early intervention; c) interdisciplinary collaboration and transdisciplinary therapeutic work; d) research; e) consultation to providers and caregivers serving children; and, f) advancement of public policy related to all aspects of infant-parent health. *The IPMHF was constructed on a primary public health preventive and intervention model that recognizes the association between the functionality and health of early relationships and lifelong health and well-being for the child, the parent, and the community.*

Throughout the UCDE Napa IPMHF, the principal focus will be on infant-parent relationships and factors impacting these relationships. Learning will focus on the primacy, emergence, and development of dyadic relationships, and optimizing their functionality and resilience through preventive interventions, assessment, monitoring, support, and treatment, ideally before dysfunctional patterns emerge and/or become entrenched. Fellows will gain experience in diagnosing and treating social-emotional, developmental, attachment, and regulatory difficulties in infants, young children, and their caregivers, and in screening for conditions in the parent and child that may require referral for specialized assessment or treatment beyond the scope of the primary or index clinician. The UCDE Napa IPMHF includes training on mental health, the neurobiology of mental health challenges, and prevention and treatment of mental illness. The following are a sampling of other topics that will be covered in this program, representing a balance of theory, assessment, clinical practice, research, and intervention:

- *Neuroscience & Epigenetics*
- *Neurosequential Model of Therapeutics*
- *Pregnancy, Birth & Parenting*
- *Newborn & Early Childhood Assessment*
- *Developmental Risk and Resilience*
- *The Meaning and Influence of Culture*
- *Developmental Psychopathology*
- *Reflective Practice*
- *Dyadic Infant-Parent Psychotherapy*
- *Therapeutic Use of Video*
- *Neuro-Relational Models of Development*
- *Regulatory Challenges of Infancy & Early Childhood (Sleeping, Feeding, Crying)*
- *Sensory Processing Differences & Challenges*
- *Effects of Trauma and Maltreatment*
- *Disorders of Relating & Communicating*
- *Child & Parent Depression, other Mood Disorders & Mental Illness*
- *Family Systems Theory and Interventions*
- *Diagnostic Classification Systems*
- *Mental Health Stigma*
- *Mobius Care Models of Therapy*

Eligibility: The UCDE Napa IPMHF is open to professionals at the graduate through post-doctoral level. It is preferred, but not required, that applicants have one year of experience providing services for children age 0-5 years (chronological, developmental and/or functional), their parents (including pregnant women), and/or other caregivers for children age 0-5 years. Eligibility is open but not limited to: psychologists, physicians, social workers, LCSWs, MFTs, educators, OTs, PTs, nurses, speech/language & communication therapists, dietitians, attorneys, developmentalists, and other professionals. All applicants must hold a minimum of a bachelor's degree in a field related to infant-parent work. Non-clinicians (e.g. administrators, researchers, academics, policymakers, etc.) may apply with the clear understanding that the UCDE Napa IPMHF does not train such individuals to become clinical professionals. Creating a Fellowship cohort that is diverse in multiple domains is highly desired and contributes substantially to the learning process.

Course Components: The 2018-2019 UCDE Napa IPMHF consists of: over 270 didactic/classroom hours, 100 practicum/integration hours; 100-200 independent Capstone Project hours; 50-60 Reflective Supervision/Consultation/Facilitation (RSCF) group (1:≤8) and individual hours (1:1); 24 hours of psychometrics; and, special targeted trainings, such as learning to observe newborns using the Newborn Behavioral Observation, and studying and coding child behavioral cues using the NCAST Parent-Child Interaction Feeding Scale. There is also heavy emphasis on developing skills in the Brazelton's Touchpoints and the Child Trauma Academy's Neurosequential Model of Therapeutics (NMT). The general sections of the UCDE Napa IPMHF training are:

JANUARY 2018 - JANUARY 2019.....Intensive Didactic & Experiential Coursework

FEBRUARY 2019 - APRIL 2019.....Independent Capstone Project Work & Presentation Preparation

APRIL 2019.....Spring Colloquium, Capstone Project Presentations & Graduation

Course Objectives & Learning Goals are to train an interdisciplinary group of professionals who:

- Improve resource depth, capacity, and access within communities to infant-parent and early childhood mental health services from professionals who are skilled and qualified to engage in such work;
- Increase awareness of the broad and dynamic nature of screening, assessing, and diagnosing infants, children, and caregivers, and in developing comprehensive service plans to address prevention, early intervention, and therapeutic needs;
- Have an integrated understanding of infant-parent and early childhood relationship, regulatory, social-emotional, developmental, communication, and mental health related concepts and theories, and are able to work in transdisciplinary teams to provide services for children 0-5 and their caregivers;
- Are highly skilled and invested in infant-parent and early childhood work using a transdisciplinary approach to promotion, prevention, screening, assessment, evaluation, treatment, monitoring, and policy development to optimize social-emotional and cognitive development, and the relationship of infants and their caregivers;
- Have an understanding of the major theorists, researchers, and clinicians in the area of social-emotional development, infant-parent mental health, and infant-caregiver relationships;
- Understand the Revised Diagnostic Codes for 0-5, DSM-5, ICDL diagnostic codes, other diagnostic approaches, and the IEP/IFSP processes;
- Within the scope of the provider's discipline, licensing, and experience, treat infants, young children and/or parents with a variety of relational, emotional, social, mental, sensory, communication, motor, spectrum, and constitutional disorders;
- Provide consultation and advocacy in a variety of settings (e.g., schools, early care, private practices, home visiting programs, etc.);
- Promote reflective practice, reflective activities (solo, 1:1 & group) and interdisciplinary professional collaboration and respect;
- Forward, support, and develop policies that address the primacy of early relationships as fundamental to lifelong individual and community health, well-being, and learning;
- Support international, national, state and/or regional efforts aimed at the transdisciplinary education, certification, endorsement, and collaboration of professionals within the infant-parent and early childhood mental health field.

2018-2019 Training Dates: Scheduled training dates and times are listed on page 9 of this packet. *All training dates and faculty are subject to change.* In the event that a session cannot be held due to circumstances beyond the control of the sponsors (e.g. natural disaster, strike, fire, severe weather, illness of the speaker, speaker cancellation, national emergency, acts of war, etc.), the dates will be rescheduled, if possible, or an alternate speaker chosen and scheduled. **It is expected that Fellows will attend all the scheduled hours of each of the training sessions. Fellows missing over 24 didactic training hours will not be eligible for a Certificate of Completion and the full 23 graduate units noted previously.**

Program Director & Faculty Chief Description: The UCDE Napa IPMHF Director and Chief Faculty, Kristie Brandt, CNM, NP, DNP, is the founder of the Napa Infant-Parent Mental Health Fellowship. Dr. Brandt has a substantial teaching and training role in the UCDE Napa IPMHFP, and works in partnership with: (1) Rachel Talamantez, EdD, MFT, Assistant Director of Reflective Practice & Endorsement Support; (2) Mary Beth Steinfeld, MD, Assistant Director of Academic Affiliation & Clinical Liaison; and, (3) Bruce Perry, MD, PhD, the Assistant Director of Curriculum Development & Content Advising. Together the Directors: (a) oversee the scheduling of faculty and facilities; (b) manage program operations and student and alumni relations; (c) provide academic counseling and guidance to Fellows throughout the program, as needed; (d) evaluate the Capstone project presentations and determine if all course components have been satisfactorily completed; (e) verify satisfactory course completion to both the Fellow and the University of California Davis Extension; (f) submit course grading documentation; and (g) affirm that Certificates of Completion bearing the endorsement of the University of California Davis Extension can be issued.

Program Faculty: Throughout the program, nationally and internationally recognized experts in the Infant-Parent & Early Childhood Mental Health field are scheduled to join the Fellows and provide training, engage in dialogue, and participate in case discussions. Faculty have been carefully chosen to provide Fellows with the opportunity to meet and think with experts and luminaries that have a wide range of disciplines, academic and clinical backgrounds, research expertise, and theoretical perspectives. A brief bio or full C.V. can be obtained by contacting the Napa Program. The 2018-2019 UCDE Napa IPMHF faculty are:

Kristie Brandt, CNM, NP, DNP	Bruce Perry, MD, PhD	Stephen Hinshaw, PhD	Pat Levitt, PhD
Rachel Talamantez, EdD, MFT	Connie Lillas, RN, MFT, PhD	Stephen Seligman, DMH	Serena Wieder, PhD
Mary Beth Steinfeld, MD	Carol George, PhD	George Downing, PhD	Alexandra Harrison, MD
John Hornstein, EdD	Linda Gilkerson, PhD	Kyle Pruett, MD	Ann Stadler, DNP, PNP
Larry Gray, MD	Barbara Stroud, PhD	Kevin Nugent, PhD	Connie Keefer, MD
Marie Anzalone, OTR, ScD	Margaret Ritchey, DPT, RPT	Cherise Northcutt, PhD	Maria Quintanilla, MSW, LCSW
Sherrri Terao, EdD	Jennifer Black, MA, SLP	Julia Bantimba, MS, OTR	Stephanie Paravicini, PsyD
Gregg Bryon, JD	Sharon Zone, MSW, LCSW	Steven Graner, MS	

Select sessions of the UCDE Napa IPMHF will be opened for public registration. This is done in recognition of the contribution of the community and region to the success of this program, to increase related expertise in the region, and to help offset the costs associated with the speaker's fees and travel expenses.

Evaluation & Academic Review: A comprehensive evaluation and academic review of the UCDE Napa IPMHF is continuously conducted to determine the program's quality, impact, and student satisfaction, and to demonstrate accountability to external constituencies. Specific course content objectives were developed from qualitative work done in 2002 to create the curriculum for the UCDE Napa IPMHF, and evaluation information is used on an ongoing basis to revise the curriculum. The evaluation component is overseen by J. Michael Murphy, EdD, Assistant Professor of Psychiatry at Massachusetts General Hospital, Harvard Medical School.

Endorsement - FOR THOSE IN CALIFORNIA: While the UCDE Napa IPMHF strives to keep abreast of the endorsement requirements promulgated by the California Center for Infant-Family & Early Childhood Mental Health, the Michigan Association for Infant Mental Health, and the Alliance for the Advancement of Infant Mental Health (AAIMH), guidelines for endorsement have changed and may continue to change without notice, and the UCDE Napa IPMHF makes no guarantees regarding the number of didactic and/or Reflective Supervision, Consultation or Facilitation (RSCF) hours required to achieve endorsement. Endorsement in the field is highly encouraged and individual applicants and Fellows should consult entities in their state or country for clarification of endorsement requirements.

FOR CALIFORNIA FELLOWS: The endorsement process for Infant-Family & Early Childhood Mental Health (IFECMH) providers can be found at: <http://cacenter-ecmh.org/professional-development/endorsement-process>. Fellows completing the UCDE Napa IPMHF will accrue over 270 Course Hours (calculating to over 417 Clock Hours; see California Training Guidelines) in "Domain 1: Knowledge & Training Hours," and 50-60 RSCF hours, and complete a 12-hour RSCF Basic Training Workshop. The RSCF hours accrued are clinical hours applicable toward endorsement, and do not meet the criteria for facilitation hours toward endorsement as a Reflective Practice Facilitator or Mentor.

FOR FELLOWS IN U.S. STATES & COUNTRIES WITHIN THE ALLIANCE FOR THE ADVANCEMENT OF INFANT MENTAL HEALTH (AAIMH): Through the Michigan Association of Infant Mental Health (MI-AIMH) and the AAIMH, 27 infant mental health state associations and two international associations (Ireland & Western Australia) are licensed to use the Competency Guidelines® and/or the Endorsement for Culturally Sensitive, Relationship-Focused Practice Promoting Infant Mental Health, and 6 U.S. states are currently in the inquiry or implementation process for adopting these standards and endorsement process. The UCDE Napa IPMHF prepares participants to meet the requirements and competencies that must be documented in a Professional Portfolio as part of this endorsement process, and sit for the endorsement examination. More information on endorsement through the global AAIMH is available at: <https://www.allianceaimh.org/members-of-the-alliance>. For applicants from other states or countries, consult your Association for Infant Mental Health, the AAIMH, or other relevant entity in your jurisdiction to determine the status and requirements for endorsement.

Scholarships: PLEASE NOTE: THERE ARE NO SCHOLARSHIPS AVAILABLE FROM THE PROGRAM OR UC DAVIS. California applicants can contact their county's First 5 Commission and/or the Mental Health Services Act (MHSA) coordinator to determine if these entities offer any scholarships or tuition support for such training programs. Also, see "Frequently Asked Questions" #4 on page 8.

UCDE Napa IPMHF Program Requirements – Fellow's Responsibilities

- Course Attendance:** Fellows must attend all scheduled training sessions (see accompanying schedule). *Participants missing more than 24 hours of scheduled didactic class attendance will not be eligible to receive a Certificate of Completion.* For any missed sessions, participants will submit a plan for acquiring the information presented in that session. Also, see #5 for information on missed RSCF hours. Some sessions of the UCDE Napa IPMHF are mandatory and attendance at these sessions is required in order to complete the program. These are indicated by an asterisk (*) after the date on the UCDE Napa IPMHF Training Schedule.
- Capstone Project:** Each Fellow will consult with their Reflective Practice Mentor in determining a specific focus or interest within the field of infant-parent mental health and will complete a Capstone project related to this focus area. Fellows will complete a brief written Capstone project report and deliver a 30-minute oral presentation on the Capstone project to their UCDE Napa IPMHF colleagues and other attendees at the Spring 2019 IPMH Colloquium as part of the graduation process.
- Special Targeted Training:** Each participant must complete the following targeted trainings in order to graduate:
 - Perry's Neurosequential Model (NM) and Neurosequential Model of Therapeutics (NMT):** Perry's NM and NMT are core concepts in the Fellowship and, with Touchpoints, provides not only the meta-theoretical framework for the program, but also the basic foundational structure for clinical application of program content. During the 15 months of the Fellowship, Fellows are in a NMT Introductory Phase and will complete 3 of the 12 Modules required for the ChildTrauma Academy's (CTA) NMT Phase I Certification. Fellows will engage in extensive NMT-related reading, video viewing, and case-based learning, and in May 2018, Dr. Perry will personally provide advanced training on this model. In January 2019, Fellows will have the option of transitioning into the CTA's NMT Phase I Certification process in a special matriculation for UCDE Napa Fellows, during which the final 9 certification modules will be completed with mentorship by the Napa Fellowship's NMT training team.
 - Brazelton's Touchpoints (1992 & 2001) Concepts:** Brazelton's Touchpoints® (TPs) concepts provide a foundation for the Fellowship, and Fellows will complete a Touchpoints Individual Level Training (ILT) as part of their course of study. Basic concepts will be introduced at the opening session and built on throughout the 15-month training, particularly in the Reflective Supervision, Consultation & Facilitation sessions. The March 2018 session will focus heavily on Touchpoints concepts, and the clinical application of this model with infants, children and families. In addition, Dr. Ann Stadler will provide a full-day workshop to support Fellows in integrating and applying this neuro-developmental and relational content.
 - Neonatal Behavioral Observation (NBO) System Certification:** This mandatory 8-hour training is scheduled on March 23, 2018, and 5 independent observations of an infant age 0-12 weeks with the related parent survey must be completed by July 20, 2018. These 5 NBOs for certification will require approximately 8-15 hours to complete.
 - NCAS PCI Feeding Scale Training & Reliabilities (24 hours):** This mandatory training is scheduled in February 2018.

- e. **Clinical Case Study:** From January to March, Fellows will complete a written case study using an abstract form from the Child Trauma Academy. This index case will be the foundation for learning throughout the Fellowship. In addition, a NMT Metric and Mobius Care “Tile & Grout” baseline description will be completed for skill development in Continuous Context Therapy.
 - f. **Tools & Measures:** Fellows must complete a report on a classic or new tool or measure for use with children age 0-5 and/or their parent or caregiver. Examples include, *but are not limited to:* Ages & Stages Questionnaire, Ages & Stages Social Emotional, Bayley Scales of Infant Development, Functional Emotional Assessment Scale, Neonatal Behavioral Assessment Scale, Denver Developmental Screening, Battelle Developmental Inventory, Pediatric Symptom Checklist, Bigance, Vineland, OUNCE, etc. In November 2018, Fellows will provide a brief orientation to their tool or measure for their colleagues. This is not intended to be a defense or endorsement of the tool, but rather a learning experience in psychometrics and professional presentations using an organized outline that will be provided to participants at the first class meeting.
4. **Practicum/Integration - 100 hours:** Each UCDE Napa IPMH Fellow will identify a practicum/integration site as a setting where infant-parent and early childhood mental health concepts explored in the training program can be applied to practice. The practicum/integration (PI) site must include working closely with children age 0-5 (chronological, developmental and/or functional age) and/or caregivers (e.g., parents, early care educators, practitioners, etc.) of children age 0-5 so that core concepts, a dyadic focus, inter-disciplinary work, mentorship skills, and reflective practice can be applied and incorporated into the work. The PI hours may be accomplished in the Fellow’s usual work setting or in another location. The PI is expected to include at least 8 hours per month and generate cases for case studies and RSCF sessions. Examples of sites for the PI experience include mental health programs, Head Start, child care settings, clinical practice settings (pediatrics, OT, PT, SLP, etc.), hospital maternity and newborn units, home visiting programs, special education classrooms and programs, developmental centers, etc.
 5. **Reflective Practice Supervision/Consultation/Facilitation (RSCF) - 52 hours:** All Fellows will participate in clinical RSCF groups of 6-8 Fellows coordinated by a Faculty Mentor. Sessions may also include a Reflective Supervisor/Consultant/ Facilitator in Training (RSCFT). A total of 48 hours of group RSCF will be completed during the monthly UCDE Napa IPMHF sessions and 4.5 hours by phone. In addition, all Fellows will complete 2 or more hours of one-to-one RSCF with their assigned Faculty Mentor that will be scheduled by mutual agreement. These 52 hours of RSCF are included in the UCDE Napa IPMHF tuition. IMPORTANT NOTE: In order to receive a Certificate of Completion at the end of the UCDE Napa IPMHF, no more than 8 hours of the scheduled RSCF sessions may be missed and ALL missed hours must be made up with the assigned Faculty Mentor. To make up missed hours, the rate is \$70/hour per person in a group make up session, and arrangements and payment must be made directly with the Faculty Mentor. California-based Fellows are highly encouraged to complete a total of 8 additional hours of 1:1 RSCF with qualified Facilitators/Mentors endorsed in California, including the Napa Fellowship’s core faculty who are all endorsed facilitators or mentors in California. The Napa Fellowship’s Facilitators have all agreed to accept \$70 per 1:1 session.
 6. **National & International Engagement:** Participants must attend a major regional, national, or international 2-day professional IMH meeting, training, or convention between January 2018 and January 31, 2019. Fellows are strongly encouraged to attend Zero to Three’s Annual Conference in Denver in October 2018. Other options include the ChildTrauma Academy’s Neurosequential Model of Therapeutics Symposium in June 2018, the 2018 World Association of Infant Mental Health (WAIMH) Congress in Rome, California’s Infant Development Association (IDA) conference, the Brazelton Touchpoints Center Annual Forum, the Society for Research in Child Development (SRCD), or similar professional events focused on infant, child, and or family mental health.
 7. **Reading & Texts:** Enrolled Fellows must read the “Required Texts” for the course and the articles assigned throughout the program. In addition, Fellows will be expected to complete 10 hours of assigned video viewing in the first 7 months of the Fellowship, January through July.
 8. **Internet Access & Electronic Media:** All Fellows must have access to e-mail, be able to participate in online training, and be able to receive, open, and process Word documents, PowerPoint files, and pdfs.

Admission, Selection & Tuition

APPLICATION & SELECTION PROCESS: Applications will be processed and considered on an ongoing (rolling) basis until a full class of Fellows is seated for the class start on January 19, 2018, and the application review time and notification is typically 2-3 weeks. There is no cutoff or deadline for applications, but the earlier an application is received, the greater the likelihood of admission. Applicants will be notified by e-mail of the committee’s decision after their application has been reviewed. Once the class is full, a waiting list is kept in the event a candidate withdraws from the program prior to the class start. A one hundred dollar (\$100) non-refundable fee must accompany each application.

ADMISSION AND SELECTION CRITERIA INCLUDE:

- A complete application;
- Evidence of a Bachelor’s, Master’s, and/or Doctoral degree in the fields of medicine, psychology, nursing, education, sociology/social work, occupational therapy, physical therapy, child development, or other closely related field;
- Possession of a license or credential in a field or discipline providing services for the 0-5 population, such as a psychologist, social worker, LCSW, MFT, MD, DO, RN, SLP, OT, PT, RD, Multiple Subject Teaching Credential, etc. However, applicants without a license or credential, but possessing a Bachelor’s degree or higher, may apply for admission with the clear understanding that the UCDE Napa IPMHF does not train such individuals to become clinical professionals. Fellows in this status will be able to apply IPMH concepts and principles in their roles with the 0-5 population (e.g. policy & program development, early care & education, program administration, etc.); and,
- Experience working with the 0-5 population recommended, but not required.

ADMISSION DECISIONS: Admission decisions will be based primarily on: (1) date application packet was submitted; (2) a complete application with all information included and all accompanying documents submitted (incomplete applications will not be processed for admission consideration); (3) having a BA/BS or higher; and, (4) selecting applicants that collectively represent a wide range of disciplines, practice sites, ages served (within the 0-5 population), responsibilities across the entire continuum of care from direct service through administration and public policy levels, and, service provision across the continuum of promotion, prevention, early intervention and treatment.

PROGRAM TUITION: \$8,000: Upon receiving a notice of acceptance, candidates will have 14 business days to submit their written acceptance notice and \$5,325 tuition payment (tuition payment #1) to the University of California Davis Extension in accordance with the instructions contained in the notice of acceptance. These steps will secure enrollment in the program. Following the instructions in the notice of acceptance, the remaining \$2,765 (tuition payment #2) must be submitted by check or credit card to the Napa Infant-Parent Mental Health Fellowship and received by 5pm on Monday, January 8, 2018. For all applicants accepted after November 25, 2017, tuition payment #1 to UCDE must be made by December 15, 2017 regardless of the number of days between the notice of acceptance and December 15, 2017.

General Disclosures

1. The purpose of the UCDE Napa IPMHF is to increase the number of providers serving children and families who are willing and trained to provide infant-parent & early childhood mental health services. The UCDE Napa IPMHF is jointly overseen by the University of California Davis Extension and the Napa Fellowship. In Napa, the program is locally assisted by the Parent-Infant & Child Institute, the Napa County Office of Education, Queen of the Valley Medical Center, and First 5 Napa. Revenue realized for and from the program (tuition, registration, special fees, etc.) is used to pay for trainings, RSCF, faculty, support staff, facilities, evaluation, and other costs directly associate with the UCDE Napa IPMHF.
2. Some sessions of the UCDE Napa IPMHF will be open for public registration. This is done in recognition of and appreciation for the local community's support, to increase IPMH skills within the region, and to help offset the costs associated with the faculty and travel.
3. Applications will be reviewed and selection decisions will be made by Drs. Kristie Brandt, Rachel Talamantez, and Mary Beth Steinfeld, and other application reviewers chosen by them, as needed. All decisions of the committee are final.
4. If at least 25 qualified applicants cannot be selected for the UCDE Napa IPMHF, the program reserves the right to cancel the training or to alter the faculty in order to reduce costs.
5. No promises or guarantees are expressed or implied regarding employment, career advancement, licensing, credentialing, or endorsement upon completion of the UCDE Napa IPMHF, or the applicability and/or acceptance of graduate units issued by the UC Davis Extension in programs of study at UC Davis or other institutions of higher learning.
6. If a speaker or session cannot be held due to circumstances beyond the control of the sponsors (e.g. natural disaster, strike, fire, severe weather, illness of the speaker, speaker cancellation, national emergencies, acts of war, etc.) the dates will be rescheduled, if possible, or an alternate speaker chosen and scheduled.
7. Only those registered in the UCDE Napa IPMHF, the program's staff, faculty, and facilitators may attend the closed sessions of the program. Special guests, including former Napa Fellowship graduates, may attend with pre-approval by the program director. Training sessions are closed to all others (e.g. colleagues, employers, partners, spouses, children, etc.).
8. No session of the UCDE Napa IPMHF may be audiotaped, videotaped, or digitally or electronically recorded in any way. Use of laptops, iPads, cellphones, PDAs, and/or similar devices, including phone texting, may not be used in the class when faculty are presenting or RSCF sessions are in progress. Cellphones and other electronic devices must be turned off or placed in silent mode during all sessions.
9. Handouts for most sessions will be provided to participants electronically via e-mail. Participants must have an e-mail account and the ability to open and process documents sent as Word documents, PowerPoint files, and pdf. Participants must also have equipment and connectivity necessary to participate in online trainings and meetings.
10. Enrolled Fellows who are breastfeeding a baby under 16 weeks age may have the baby in class with them. Because hours of attendance are critical for course completion, graduate units, and continuing education hours, time out of the room for any reason (e.g., pumping, soothing, changing, etc.) should be carefully monitored by the Breastfeeding Fellow/Mother (BFM) to limit time out of class, and BFMs are strongly encouraged to have another adult available (who is not enrolled in the training) to care for the baby so the BFM can gain the most from the session. Finally, since every baby is different, BFMs are encouraged to consult the baby's health care provider to determine if it is safe for their young infant to be in the UCDE Napa IPMHF training venues with a large group of people for extended periods. Otherwise, children are not permitted in training sessions.
11. Because UCDE offers 23 quarter hours in the graduate professional series for the UCDE NIPMHF, Fellows will receive a letter grade at the completion of the Fellowship. The grading rubric will be provided at the first meeting in January 2018 and can be discussed in advance with potential applicants desiring this information before submitting an application.