

OCCUPATIONAL HEALTH AND SAFETY PROGRAMS

FALL 2018

*Courses in health
and safety program
management, fall
protection and
ergonomics.*

See inside for more

**UCDAVIS
EXTENSION**
**OCCUPATIONAL
HEALTH AND SAFETY**



CONTINUING AND PROFESSIONAL EDUCATION

OCCUPATIONAL HEALTH AND SAFETY FALL 2018 CALENDAR

SEPTEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18 Pitfalls and Oversights of Designing Fire Protection Systems (1)	19 Free Information Session •			
23	24	25	26			
30						

(#) Number of class meetings • Online Webinar

OCTOBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Health and Safety Management and Program Development (4)	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18 Health and Safety for Workers (2) Air Quality Monitoring (1)	19	20
21	22	23	24			
28	29	30	31			

NOVEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Fall Protection in the Workplace (1)	2	3
4	5	6	7 Emergency Preparation and Management (2)	8	9	10
11	12	13	14	15	16 Health and Safety Refresher for Hazardous Waste Workers - 8 Hours (1)	17
18	19	20	21			
25	26	27 Fire and Life Safety Awareness (1)	28			

DECEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4 Ergonomics in the Workplace (2)	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19			
23	24	25	26			
30	31					

OCCUPATIONAL HEALTH AND SAFETY FALL 2018 COURSES



LEARN FROM THE BEST IN THE INDUSTRY! UC Davis Extension offers the Sacramento region premier training in occupational health and safety. Through individual courses, or our certificate program, learn new skills to create and maintain a safer work environment that complies with state and federal laws and regulations. In addition to real-world learning, our courses also offer exceptional networking opportunities. For more in-depth course information, visit our website at extension.ucdavis.edu/safety. If you have any questions, please contact us at extension@ucdavis.edu to discuss.

GET MORE INFORMATION OR ENROLL TODAY!

CALL (800) 752-0881 EMAIL extension@ucdavis.edu VISIT US ONLINE extension.ucdavis.edu/safety

FREE INFORMATION SESSION

Join us for this free, online information session where you can meet program instructors and staff to learn about our courses and certificate program and how they can help advance your career.

- Sept. 19: Wed., noon-1 p.m.
- No charge. Enroll in section 182HSD599.



STILL TIME TO ENROLL IN THESE COURSES

INDUSTRIAL HYGIENE SAMPLING AND MONITORING INSTRUMENTS

Learn about the theories, techniques and procedures associated with the use of instruments to measure air contaminants and physical agents, such as noise, heat and related exposures.

- Aug. 7-8: Tues.-Wed., 8:30 a.m.-5 p.m.
- Davis: 1632 DaVinci Court
- \$595. Enroll in section 181HSD504.

INCIDENT INVESTIGATION TECHNIQUES

Designed for both novice and seasoned professionals, explore a variety of topics and learn practical skills necessary to conduct incident investigation in this interactive course.

- Aug. 23-24: Thurs.-Fri., 8:30 a.m.-5 p.m.
- Sacramento: Galleria, 2901 K St.
- \$595. Enroll in section 181HSD535.

NEW! PITFALLS AND OVERSIGHTS OF DESIGNING FIRE PROTECTION SYSTEMS

This course will focus on code provisions and national standards of fire protection designs for fire alarms, fire sprinkler systems, standpipes, fire pumps, smoke control systems and public safety communication systems. It will also cover the practical uses of these features, including design flaws.

- Sept. 18: Tues., 8:30 a.m.-5 p.m.
- Sacramento: Galleria, 2901 K St.
- \$360. Enroll in section 181HSD500.

CUSTOM TRAINING FOR YOUR ORGANIZATION

Bring UC Davis Extension courses to your employees. We provide premier training to help you stay up to date on occupational health and safety issues, including OSHA and Cal/OSHA regulations, hazardous materials HAZWOPER certification and industry best practices. Contact us today about customizing a course or program to meet your specific needs. Call (530) 757-8607 or email us at extension@ucdavis.edu

extension.ucdavis.edu/custom-training

HEALTH AND SAFETY

Health and Safety Management and Program Development

Explore the various approaches to health and safety management, including methods to obtain and maintain top management support, methods to obtain and maintain employee/union support, how to determine the real cost of accidents, behavior modification practices, the success and failure of rewards and recognition programs, and techniques for system-based auditing. Learn how to investigate the causes of accidents, organize health and safety committees, and develop health and safety training programs. **MICHAEL COOPER**

Oct. 2-5: Tues.-Fri., 8:30 a.m.-5 p.m.
Sacramento: Sutter Square Galleria, 2901 K St.
\$790. Enroll in section 182HSD501.

Health and Safety for Workers: Laws and Regulations

Learn the relevant laws and regulations pertaining to occupational health and safety, including Cal/OSHA and federal OSHA; criminal considerations, such as supervisors' and managers' responsibilities; workers' compensation jurisdiction, claims and benefits; the claims process and program administration; and legal liability. Case studies illustrate both simple and complex issues. **MICHAEL POSSON**

Oct. 18-19: Thurs.-Fri., 8:30 a.m.-5 p.m.
Sacramento: Sutter Square Galleria, 2901 K St.
\$595. Enroll in section 182HSD500.

NEW! Fall Protection in the Workplace

This class will consider a variety of methods for protecting you from the risk of falls: guardrails, hole covers, nets, fall arrest, fall restraint, fall positioning, controlled access zones and other alternative methods. Planning for accidental falls and rescue/retrieval practices are also a necessary part of fall protection and will be reviewed. Examples of equipment and hands-on practices will be covered, and participants will engage in scenario exercises. **ALAN LARSON**

Nov. 1: Thurs., 8:30 a.m.-5 p.m.
Sacramento: Sutter Square Galleria, 2901 K St.
\$360. Enroll in section 182HSD540.

Emergency Preparation and Management

Gain insight into being more proactive in emergency preparedness by developing strategies to help prevent and mitigate hazards, as well as for response and recovery efforts. Discuss key components of emergency response plans and management techniques common to all emergency situations. Expand your understanding with an overview of relevant local and federal government response plans and agencies, the Incident Commands System (ICS), disaster notifications, crisis management skills, decision making under pressure, effective communication techniques and media and public relations factors. **JERRY COLIVAS**

Nov. 7-8: Wed.-Thurs., 8:30 a.m.-5 p.m.
Sacramento: Sutter Square Galleria, 2901 K St.
\$595. Enroll in section 182HSD513.

Fire and Life Safety Awareness

Discover the types of built-in fire protection features and fire and life safety hazards common to workplace environments. This course features "passive" versus "active" fire protection features, maintenance of exits, knowledge and use of fire extinguishers, impact to and from other occupants, human behavior before and during an emergency, proper storage techniques and services potentially available through local fire departments. **PATRICK CHEW**

Nov. 27-28: Tues.-Wed., 8:30 a.m.-5 p.m.
Sacramento: Sutter Square Galleria, 2901 K St.
\$595. Enroll in section 182HSD522.

Ergonomics in the Workplace

Learn the fundamentals of ergonomics in industrial and office workplaces. Discuss medical issues, regulatory strategies, engineering solutions and productivity improvements. If your employees experience problems with lifting, repetitive motion or overexertion, their improper work practices may cause serious and long-term disabilities. A review of safe work practices with a focus on basic ergonomics may help your organization. Develop ergonomic recognition and identification skills necessary for implementation of an overall injury prevention strategy. **SUSAN TINGLEY**

Dec. 4-5: Tues.-Wed., 8:30 a.m.-5:00 p.m.
Davis: 1632 DaVinci Court
\$595. Enroll in section 182HSD580.

HAZARDOUS MATERIALS MANAGEMENT

NEW! Air Quality Monitoring

This class is designed for professionals who manage environmental, occupational health and industrial hygiene programs at their workplaces. Participants will learn about a range of significant air quality challenges facing workplaces and methods for addressing those challenges. **UC DAVIS EXTENSION FACULTY**

Oct. 18-19: Thurs.-Fri., 8 a.m.-4:30 p.m.
Sacramento: Sutter Square Galleria, 2901 K St.
\$625. Enroll in section 182HSD102.

Health and Safety Refresher for Hazardous Waste Workers - 8 Hours

This course provides hazardous waste-site employees and supervisors with the annual refresher training in health and safety for hazardous waste workers. This course meets requirements established by OSHA for training under the Hazardous Waste Operations and Emergency Response Standard (HAZWOPER) 29 CFR 1910.120(e) (8) and the equivalent California Standard T8 CCR 5192 (e) (8). Participants should first complete the 40-Hour Health and Safety Training for Hazardous Waste Workers. **KEN BEUTLER**

Nov. 16: Fri., 8 a.m.-5 p.m.
Sacramento: Sutter Square Galleria, 2901 K St.
\$225. Enroll in section 182HSD101.

WORKPLACE HEALTH AND SAFETY MANAGER CERTIFICATE PROGRAM

Expand your knowledge of current health and safety issues and regulations, and learn to create and maintain a safer work environment. Examine the issues confronting business, industry and government, and become proactive in managing health and safety programs. Learn about the most current OSHA regulations and methods of compliance, as well as state-of-the-art emergency management techniques. Discover how to integrate employee health and safety into daily decision making, save organizational resources and contribute to enhanced employee performance.

For more information on any of our programs or courses, contact us at extension@ucdavis.edu or visit extension.ucdavis.edu/occupational-health.

Students enrolled in our certificate program are eligible for the ASSE student discount membership



Visit the ASSE website.
sacramento.asse.org



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**TAKE CONTROL OF YOUR CAREER. DEVELOP A SOLID
FOUNDATION IN OCCUPATIONAL HEALTH AND SAFETY.**

FALL 2018 COURSES

Health and Safety for Workers: Laws and Regulations

New! Fall Protection in the Workplace

Emergency Preparation and Management

New! Air Quality Monitoring

And More!

UC Davis Extension

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