Program Description Packet for the Napa Program January 2017 - April 2018

The University of California Davis Extension and the Napa Fellowship are extremely pleased to release the application for the 2017-2018 UCDE Napa Infant-Parent & Early Childhood Mental Health Fellowship program. This remarkable program is unlike any in the U.S., and provides working professionals the opportunity to engage in an outstanding 15-month specialty training program through classes offered on weekends in California’s Napa Valley. This state and national award winning program was developed in Napa, CA in 2002 where it has operated continuously since its inception.

Upon completion of the 2017-2018 program, graduating Fellows will receive a Certificate of Completion and be awarded 23 academic quarter units in the graduate professional series from the University of California Davis Extension. UC Davis is ranked in the top 40 universities in the United States, is in the top 20 U.S. universities in research funding, and twenty-four of UCD's undergraduate programs are rated in the top 10 in the nation. Fellows will be enrolled with the University and will have access to the UC Davis Shields Library, which is among the top research libraries in North America.

The UCDE Napa IPMHF is a 15-month intensive transdisciplinary program designed for professionals working with young children and their families, and typically meets in Napa, CA for 3 days each month, Friday-Sunday. The UCDE Napa IPMHF is committed to inter-disciplinary training with a philosophical belief that children and families are best served in the context of existing professional relationships where referral and consultation are used to address specific issues while maintaining a comprehensive, collaborative, and continuing approach to care. The training is based on a practice model encompassing promotion, prevention, early intervention, pan-disciplinary services, and discipline-specific services. Admission is open to post-baccalaureate through post-doctoral level professionals, and the 2017-2018 course tuition is $7,900.

The goal of the UCDE Napa IPMHF is to support professionals in understanding relationship-oriented therapies and to focus therapeutic efforts on the infant-parent and other important relationships in infancy and early childhood. The program’s graduates are among a small group of providers in the U.S. formally trained in this important field. To explore current theoretical thinking, research findings, and models of care, the UCDE Napa IPMHF engages some of the most recognized luminaries in their fields as faculty for the program. The opportunity to think with these experts for an extended period of time in a small group is not only rare, but places the UCDE Napa IPMHF graduates on the leading edge of the infant-parent and early childhood mental health field.

The Fellowship was founded in the belief that just as children develop within the context of the family, providers develop within the context of the provider community where learning and professional development are optimized in an environment of support and respect. The UCDE Napa IPMHF is a program dedicated to the task of supporting practitioners to effectively treat disorders of infancy and early childhood within the milieu of relationship and family - - the milieu of development. This is where development happens moment-by-moment and day-by-day. It is also where development becomes derailed: moment-by-moment, day-by-day. Thus the Fellows will be taking on the task of understanding this enormously complex process, then learning and creating ways to work on this process moment-by-moment. We believe it is the most exciting of challenges, and one that will have a long-term and profound impact on infants, parents, providers, and systems everywhere.

Since 2002, the Napa IPMHF Fellowship has enrolled psychologists, nurses, physicians, OTs, PTs, speech-language professionals, educators, marriage-family therapists, social workers, administrators, attorneys, early interventionists, and many other disciplines. Fellows have attended the Napa Fellowship from 36 California counties and 19 states including Alaska, Hawaii, Arizona, Florida, Idaho, Illinois, Kansas, Massachusetts, Missouri, North Carolina, New Mexico, Nevada, Oregon, Utah, Vermont, Washington, Wisconsin, Wyoming, and California. Fellows have also come from 9 countries including Canada, Italy, Mexico, New Zealand, El Salvador, Switzerland, England, Israel, and Thailand. Program graduates have provided services internationally from Africa to the Philippines, Mexico, Central & South America, Europe, China, New Zealand, Canada, India, Israel, Australia, Palau, Myanmar, Scandinavia, United Kingdom, and Vietnam. They teach and train in universities and other settings across the country and around the world, present in national and international forums, and provide services to thousands of children and families worldwide.

You are invited to join them and apply for the UC Davis Extension’s 2017-2018 Napa Infant-Parent Mental Health Fellowship!
General Program Description

The UCDE Napa IPMHF is designed for professionals working with children, particularly those age 0-5 (chronological, developmental and/or functional), their families, or other caregivers. The Fellowship consists of thirteen intensive 3-day weekends in Napa, CA that are primarily interactive and dynamic didactic (classroom) hours with reflective sessions scheduled throughout the series of meetings. Each weekend addresses a larger topic area within the field of Infant-Parent & Early Childhood Mental Health and includes theoretical foundations, research, assessment, and video observation with a strong emphasis on clinical application of the material. Theoretical frameworks for the program focus heavily on the work of Drs. Berry Brazelton, Bruce Perry, Kristie Brandt, Peter Fonagy, Daniel Stern, Connie Lillas, Ed Tronick, Kathryn Barnard, and Louis Sander, and other neurorelational and neurodevelopmental models presented by the program’s esteemed faculty.

The intent of the UCDE Napa IPMHF is to support professionals in enhancing their understanding of infant-parent and early childhood mental health concepts and develop skills, relevant to their scope of practice, that support infants, children and their families in optimal social-emotional development through: a) programs to promote optimal infant-parent and early childhood mental health and provide preventive interventions; b) surveillance, early detection, and early intervention; c) interdisciplinary collaboration and transdisciplinary therapeutic work; d) research; e) consultation to providers and caregivers serving children; and, f) advancement of public policy related to all aspects of infant-parent health. The IPMHF was constructed on a primary public health preventive and intervention model that recognizes the association between the functionality and health of early relationships and lifelong health and well-being for the child, the parent, and the community.

Throughout the UCDE Napa IPMHF, the principal focus will be on infant-parent relationships and factors impacting these relationships. Learning will focus on the primacy, emergence, and development of dyadic relationships, and optimizing their functionality and resilience through preventive interventions, assessment, monitoring, support, and treatment, ideally before dysfunctional patterns emerge and/or become entrenched. Fellows will gain experience in diagnosing and treating social-emotional, developmental, attachment, and regulatory difficulties in infants, young children, and their caregivers, and in screening for conditions in the parent and child that may require referral for specialized assessment or treatment beyond the scope of the primary or index clinician. The UCDE Napa IPMHF includes training on mental health, the neurobiology of mental health challenges, and prevention and treatment of mental illness. The following are a sampling of other topics that will be covered in this program, representing a balance of theory, assessment, clinical practice, research, and intervention:

- Neuroscience & Epigenetics
- Pregnancy, Birth & Parenting
- Newborn & Early Childhood Assessment
- Developmental Risk and Resilience
- The Meaning and Influence of Culture
- Developmental Psychopathology
- Reflective Practice
- Dyadic Infant-Parent Psychotherapy
- Therapeutic Use of Video
- Neuro-Relational Models of Development
- Regulatory Challenges of Infancy & Early Childhood (Sleeping, Feeding, Crying)
- Sensory Processing Differences & Challenges
- Effects of Trauma and Maltreatment
- Disorders of Relating & Communicating
- Child & Parent Depression, other Mood Disorders & Mental Illness
- Family Systems Theory and Interventions
- Diagnostic Classification Systems
- Mental Health Stigma

Eligibility: The UCDE Napa IPMHF is open to professionals at the graduate through post-doctoral level. It is preferred, but not required, that applicants have one year of experience providing services for children age 0-5 years (chronological, developmental and/or functional), their parents (including pregnant women), and/or other caregivers for children age 0-5 years. Eligibility is open but not limited to: psychologists, physicians, social workers, LCSWs, MFTs, educators, OTs, PTs, nurses, speech/language & communication therapists, dieticians, attorneys, and other professionals. All applicants must hold a minimum of a bachelor’s degree in a field related to infant-parent work. Non-clinicians (e.g. administrators, researchers, academics) may apply with the clear understanding that the UCDE Napa IPMHF does not train such individuals to become clinical professionals. Creating a Fellowship cohort that is diverse in multiple domains is highly desired and contributes substantially to the learning process.

Course Components: The 2017-2018 UCDE Napa IPMHF consists of: over 270 didactic/classroom hours, 100 practicum/integration hours; 100-200 independent Capstone Project hours; 50-60 Reflective Supervision/Consultation/Facilitation (RSCF) group (1:<8) and individual hours (1:1); 24 hours of psychometrics; and, special targeted trainings, such as learning to assess newborns using the Newborn Behavioral Observation, and observing and coding child behavioral cues using the NCAST Parent-Child Interaction Feeding Scale. There is also heavy emphasis on developing skills in the Brazelton’s Touchpoints and the Child Trauma Academy’s Neurosequential Model of Therapeutics (NMT). The general sections of the UCDE Napa IPMHF training are:

- JANUARY 2017 - JANUARY 2018..........Intensive Didactic & Experiential Coursework
- APRIL 2018..........................Spring Colloquium, Capstone Project Presentations & Graduation
**Course Objectives & Learning Goals** are to train an interdisciplinary group of professionals who:

- Improve resource depth, capacity, and access within communities to infant-parent and early childhood mental health services from professionals who are skilled and qualified to engage in such work;
- Increase awareness of the broad and dynamic nature of screening, assessing, and diagnosing infants, children, and caregivers, and in developing comprehensive service plans to address prevention, early intervention, and therapeutic needs;
- Have an integrated understanding of infant-parent and early childhood relationship, regulatory, social-emotional, developmental, communication, and mental health related concepts and theories, and are able to work in transdisciplinary teams to provide services for children 0-5 and their caregivers;
- Are highly skilled and invested in infant-parent and early childhood work using a transdisciplinary approach to promotion, prevention, screening, assessment, evaluation, treatment, monitoring, and policy development to optimize social-emotional and cognitive development, and the relationship of infants and their caregivers;
- Have an understanding of the major theorists, researchers, and clinicians in the area of social-emotional development, infant-parent mental health, and infant-caregiver relationships;
- Understand the Revised Diagnostic Codes for 0-3 (DC:03R), DSM-5, ICLD diagnostic codes, other diagnostic approaches, and the IEP/IFSP processes;
- Within the scope of the provider’s discipline, licensing, and experience treat infants, young children and/or parents with a variety of relational, emotional, social, mental, sensory, communication, motor, spectrum, and constitutional disorders;
- Provide consultation and advocacy in a variety of settings (e.g., schools, early care, private practices, home visiting programs, etc.);
- Promote reflective practice, reflective activities (solo, 1:1 & group) and interdisciplinary professional collaboration and respect;
- Forward, support, and develop policies that address the primacy of early relationships as fundamental to lifelong individual and community health, well-being, and learning;
- Support international, national, state and/or regional efforts aimed at the transdisciplinary education, certification, endorsement, and collaboration of professionals within the infant-parent and early childhood mental health field.

**2017-2018 Training Dates:** Scheduled training dates and times are listed on page 9 of this packet. *All training dates and faculty are subject to change.* In the event that a session cannot be held due to circumstances beyond the control of the sponsors (e.g. natural disaster, strike, fire, severe weather, illness of the speaker, speaker cancellation, national emergency, acts of war, etc.), the dates will be rescheduled, if possible, or an alternate speaker chosen and scheduled. *It is expected that Fellows will attend all the scheduled hours of each of the training sessions. Fellows missing over 24 didactic training hours will not be eligible for a Certificate of Completion and the full 23 graduate units noted previously.*

**Program Director & Faculty Chief Description:** The UCDE Napa IPMHF Director and Chief Faculty, Kristie Brandt, CNM, NP, DNP, is the founder of the Napa Infant-Parent Mental Health Fellowship and co-developer (with Dr. Ed Tronick) of the certificate program. Dr. Brandt has a substantial teaching and training role in the UCDE Napa IPMHF, and works in partnership with: (1) Rachel Talamantez, EdD, MFT, Assistant Director of Reflective Practice & Endorsement Support; (2) Mary Beth Steinfield, MD, Assistant Director of Academic Affiliation & Clinical Liaison; and, (3) Bruce Perry, MD, PhD, the Assistant Director of Curriculum Development & Content Advising. Together the Directors: (a) oversee the scheduling of faculty and facilities; (b) manage program operations and student and alumni relations; (c) provide academic counseling and guidance to Fellows throughout the program, as needed; (d) evaluate the Capstone project presentations and determine if all course components have been satisfactorily completed; (e) verify satisfactory course completion to both the Fellow and the University of California Davis Extension; (f) submit course grading documentation; and (g) affirm that Certificates of Completion bearing the endorsement of the University of California Davis Extension can be issued.

**Program Faculty:** Throughout the program, nationally and internationally recognized experts in the Infant-Parent & Early Childhood Mental Health field are scheduled to join the Fellows and provide training, engage in dialogue, and participate in case discussions. Faculty have been carefully chosen to provide Fellows with the opportunity to meet and think with experts and luminaries that have a wide range of disciplines, academic and clinical backgrounds, research expertise, and theoretical perspectives. A brief bio or full C.V. can be obtained by contacting the Napa Program. The 2017-2018 UCDE Napa IPMHF faculty are:

- **Kristie Brandt, CNM, NP, DNP**
- **Rachel Talamantez, EdD, MFT**
- **Mary Beth Steinfield, MD**
- **John Hornstein, EdD**
- **Larry Gray, MD**
- **Marie Anzalone, OTR, ScD**
- **Janeece Warfield, PsyD**
- **Jennifer Black, MA, SLP**
- **Bruce D. Perry, MD, PhD**
- **Connie Lillas, RN, MFT, PhD**
- **Carol George, PhD**
- **Linda Gilkerson, PhD**
- **Barbara Stroud, PhD**
- **Margaret Ritchey, DPT, RPT**
- **Sherri Terao, EdD**
- **Sharon Zone, MSW, LCSW**
- **Stephen Hinshaw, PhD**
- **Stephen Seligman, DMH**
- **George Downing, PhD**
- **Kyle Pruett, MD**
- **Kevin Nugent, PhD**
- **Cherise Northcutt, PhD**
- **Julia Bantimba, MS, OTR**
- **Pat Levitt, PhD**
- **Ed Tronick, PhD**
- **Alexandra Harrison, MD**
- **Ann Stadler, DNP, PNP**
- **Connie Keefer, MD**
- **Maria Quintanilla, MSW, LCSW**
- **George Downing, PhD**
- **Stephanie Paravicini, PsyD**

Select sessions of the UCDE Napa IPMHF will be opened for public registration. This is done in recognition of the contribution of the community and region to the success of this program, to increase related expertise in the region, and to help offset the costs associated with the speaker’s fees and travel expenses.
**Evaluation & Academic Review:** A comprehensive evaluation and academic review of the UCDE Napa IPMHF is continuously conducted to determine the program’s quality, impact, and student satisfaction, and to demonstrate accountability to external constituencies. Specific course content objectives were developed from qualitative work done in 2002 to create the curriculum for the UCDE Napa IPMHF, and evaluation information is used on an ongoing basis to revise the curriculum. The evaluation component is overseen by J. Michael Murphy, EdD, Assistant Professor of Psychiatry at Massachusetts General Hospital, Harvard Medical School.

**Endorsement - For Those in California:** While the UCDE Napa IPMHF strives to keep abreast of the endorsement requirements promulgated by the California Center for Infant-Family & Early Childhood Mental Health, the Michigan Association for Infant Mental Health, and the Alliance for the Advancement of Infant Mental Health (AAIMH), guidelines for endorsement have changed and may continue to change without notice, and the UCDE Napa IPMHF makes no guarantees regarding the number of didactic and/or Reflective Supervision, Consultation or Facilitation (RSCF) hours required to achieve endorsement. If endorsement in the field is being sought, individual applicants and Fellows should consult their state or country for clarification of endorsement requirements. **For California Fellows:** The endorsement process for Infant-Family & Early Childhood Mental Health (IFECMH) providers is can be found at: [http://cacenter-ecmh.org/professional-development/endorsement-process/](http://cacenter-ecmh.org/professional-development/endorsement-process/). Fellows completing the UCDE Napa IPMHF will accrue over 270 Course Hours (calculating to over 417 Clock Hours; see California Training Guidelines) in “Domain 1: Knowledge & Training Hours” and 50-60 RSCF hours. The RSCF hours accrued are clinical Facilitation hours applicable toward practitioner and specialist endorsement, and do not meet the criteria for facilitation hours toward endorsement as a Reflective Practice Facilitator or Mentor. In addition, Fellows complete a 12-hour RSCF Basic Training Workshop. **For Fellows in U.S. States and Countries Within the Alliance for the Advancement of Infant Mental Health (formerly the League of States):** Through the Michigan Association of Infant Mental Health (MI-AIMH) and the AAIMH, Michigan and 21 other U.S. states and countries are either offering or preparing to offer endorsement in the Infant Mental Health field. The UCDE Napa IPMHF prepares participants to meet the requirements and competencies that must be documented in a Professional Portfolio as part of this endorsement process, and sit for the endorsement examination. More information on endorsement through the MI-AIMH and other U.S. states and countries within the AAIMH is available at: [http://mi-aimh.org/alliance](http://mi-aimh.org/alliance). Fellows in other states or countries: Please consult your Association for Infant Mental Health, the AAIMH, or other relevant entity in your jurisdiction to determine the status and requirements for endorsement.

**Scholarships:** PLEASE NOTE: THERE ARE NO SCHOLARSHIPS AVAILABLE FROM THE PROGRAM OR UC DAVIS. California applicants can contact their county’s First 5 Commission and/or the Mental Health Services Act (MHSA) coordinator to determine if these entities offer any scholarships or tuition support for such training programs. Also, see “Frequently Asked Questions” #4 on page 8.

**UCDE Napa IPMHF Program Requirements – Fellow’s Responsibilities**

1. **Course Attendance:** Fellows must attend all scheduled training sessions (see accompanying schedule). **Participants missing more than 24 hours of scheduled didactic class attendance will not be eligible to receive a Certificate of Completion.** For any missed sessions, participants will submit a plan for acquiring the information presented in that session. Also, see #5 for information on missed RSCF hours. Some sessions of the UCDE Napa IPMHF are mandatory and attendance at these sessions is required in order to complete the program. These are indicated by an asterisk (*) after the date on the UCDE Napa IPMHF Training Schedule.

2. **Capstone Project:** Each Fellow will consult with their Reflective Practice Mentor in determining a specific focus or interest within the field of infant-parent mental health and will complete a Capstone project related to this focus area. Fellows will complete a brief written Capstone project report and deliver a 30-minute oral presentation on the Capstone project to their UCDE Napa IPMHF colleagues and other attendees at the Spring 2018 IPMHF Colloquium as part of the graduation process.

3. **Special Targeted Training:** Each participant must complete the following targeted trainings in order to graduate:
   a. Neonatal Behavioral Observation (NBO) System Certification: This mandatory 8-hour training is scheduled on March 18, 2017, and 5 independent observations of an infant age 0-12 weeks with the related parent survey must be completed by July 18, 2017. These 5 NBOs for certification will require approximately 8-15 hours to complete.
   b. NCAST PCI Feeding Scale Training & Reliabilities (24 hours): This mandatory training is scheduled in February 2017.
   c. Brazelton’s Touchpoints (1992 & 2001) Concepts: Brazelton’s Touchpoints® (TPs) concepts provide a foundation for the Fellowship and Fellows will complete a Touchpoints Individual Level Training (ILT) as part of their course of study. Basic concepts will be introduced at the opening session and built on throughout the 15-month training, particularly in the Reflective Supervision, Consultation & Facilitation sessions. The March 2017 session will focus heavily on Touchpoints concepts, and the clinical application of this model with infants, children and families. In addition, Dr. Ann Stadtler will provide a full-day workshop to support Fellows in integrating and applying this neuro-developmental and relational content.
   d. Perry’s Neurosequential Model (NM) and Neurosequential Model of Therapeutics (NMT): Perry’s NM and NMT are core concepts in the Fellowship and, with Touchpoints, provide not only the meta-theoretical framework for the program, but also the basic foundational structure for clinical application of program content. During the 15 months of the Fellowship, Fellows will complete a substantial portion of the content required for the ChildTrauma Academy’s Phase I: NMT Individual Certification. Fellows will engage in extensive NMT-related reading, video viewing, and case-based learning, and Dr. Perry will personally provide advanced training on this model. This introductory work will support Napa Fellows in the option of completing NMT Certification in a special matriculation for UCDE NIPMHF graduates.
   e. Clinical Case Study: From January to March, Fellows will complete a written case study using an abstract form from the Child Trauma Academy. This index case will be the foundation for learning throughout the Fellowship. In addition, a NMT Metric and Mobius Care “Tile & Grout” baseline description will be completed for skill development in Continuous Context Therapy.
6. **Dollar ($100) non-refundable fee** must accompany each application. There is no cutoff or deadline for applications, but the earlier an application is received, the greater the likelihood of admission. Applicants will be notified by e-mail of the committee’s decision after their application has been reviewed. Once the status will be able to apply IPMH concepts and principles in their roles with the 0-5 population (e.g. policy & program development, early care & education, program administration, etc.); and,

4. **Practicum/Integration - 100 hours:** Each UCDE Napa IPMHF Fellow will identify a practicum/integration site as a setting where infant-parent and early childhood mental health concepts explored in the training program can be applied to practice. The practicum/integration site must include working closely with children age 0-5 (chronological, developmental and/or functional age) and/or care providers (e.g., parents, early care educators, practitioners, etc.) of children age 0-5 so that concepts, inter-disciplinary work, mentorship skills, and reflective practice can be applied and incorporated into the work. The practicum/integration hours may be accomplished in the participant’s usual work setting or in another location. The practicum is expected to include at least 8 hours per month and should generate cases for case studies and RSCF sessions. Examples of sites for the practicum experience include mental health programs, Head Start, child care settings, clinical practice settings (pediatrics, OT, PT, SLP, etc.), hospital maternity and newborn units, home visiting programs, special education classrooms and programs, developmental centers, etc.

5. **Reflective Practice Supervision/Consultation/Facilitation (RSCF) - 52 hours:** All Fellows will participate in clinical RSCF groups of 7-8 Fellows coordinated by a Faculty Mentor. Sessions may also include a Reflective Supervisor/Consultant/Facilitator in Training (RSCFT). A total of 50 hours of group RSCF will be completed during the monthly UCDE Napa IPMHF sessions and by phone. In addition, all Fellows will complete 2 or more hours of one-to-one RSCF with their assigned Faculty Mentor that will be scheduled by mutual agreement. These 52 hours of RSCF are included in the UCDE Napa IPMHF tuition. California-based Fellows are highly encouraged to complete a total of 10 hours of 1:1 RSCF with qualified Facilitators from a list that will be provided at the start of the program. These Facilitators have all agreed to accept $70 per 1:1 session. **IMPORTANT NOTE:** In order to receive a Certificate of Completion at the end of the UCDE Napa IPMHF, no more than 8 hours of the scheduled RSCF sessions may be missed and ALL missed hours must be made up with the assigned Faculty Mentor. To make up missed hours, the rate is $70/hour, and arrangements and payment must be made directly with the Faculty Mentor.

6. **National & International Engagement:** Participants must attend a major regional, national, or international 2-day professional IMH meeting, training, or convention between January 2017 and January 31, 2018. Fellows are strongly encouraged to attend Zero to Three’s National Training Institute (NTI) in December 2017. Other options include the California’s Infant Development Association (IDA) conference, the Brazelton Touchpoints Center Annual Forum, the Society for Research in Child Development (SRCD), or similar professional events focused on infant, child, and or family mental health.

7. **Reading & Texts:** Enrolled Fellows must read the “Required Texts” for the course and the articles assigned throughout the program. In addition, Fellows will be expected to complete 7 hours of assigned video viewing in the first 7 months of the Fellowship, January through July.

8. **Internet Access & Electronic Media:** All Fellows must have access to e-mail, be able to participate in online training, and be able to receive, open, and process Word documents, PowerPoint files, and pdfs.

## Admissions, Selection & Tuition

**Application & Selection Process:** Applications will be processed and considered on an ongoing (rolling) basis until a full class of Fellows is seated for the class start on January 13, 2017, and the application review time and notification is typically 2-3 weeks. There is no cutoff or deadline for applications, but the earlier an application is received, the greater the likelihood of admission. Applicants will be notified by e-mail of the committee’s decision after their application has been reviewed. Once the class is full, a waiting list is kept in the event a candidate withdraws from the program prior to the class start. A **one hundred dollar ($100) non-refundable fee** must accompany each application.

**Admission and Selection Criteria include:**

- A complete application;
- Evidence of a Bachelor’s, Master’s, and/or Doctoral degree in the fields of medicine, psychology, nursing, education, sociology/social work, occupational therapy, physical therapy, child development, or other closely related field;
- Possession of a license or credential in a field or discipline providing services for the 0-5 population, such as a psychologist, social worker, LCSW, MFT, MD, DO, RN, SLP, OT, PT, RD, Multiple Subject Teaching Credential, etc. **However, applicants without a license or credential, but possessing a Bachelor’s degree of higher, may apply for admission with the clear understanding that the UCDE Napa IPMHF does not train such individuals to become clinical professionals. Fellows in this status will be able to apply IPMH concepts and principles in their roles with the 0-5 population (e.g. policy & program development, early care & education, program administration, etc.); and,**
- Experience working with the 0-5 population **recommended, but not required.**

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f. **Tools & Measures:** Fellows must complete a report on a classic or new tool or measure for use with children age 0-5 and/or their parent or caregiver. Examples include, **but are not limited to:** Ages & Stages Questionnaire, Ages & Stages Social Emotional, Bayley Scales of Infant Development, Functional Emotional Assessment Scale, Neonatal Behavioral Assessment Scale, Denver Developmental Screening, Battelle Developmental Inventory, Pediatric Symptom Checklist, Bigance, Vineland, OUNCE, etc. In November 2017, Fellows will provide a brief orientation to their tool or measure for their colleagues. This is not intended to be a defense or endorsement of the tool, but rather a learning experience in psychometrics and professional presentations using an organized outline that will be provided to participants at the first class meeting.
ADMISSION DECISIONS: Admission decisions will be based primarily on: (1) date application packet was submitted; (2) a complete application with all information included and all accompanying documents submitted (incomplete applications will not be processed for admission consideration); (3) having a BA/BS or higher; and, (4) selecting applicants that collectively represent a wide range of disciplines, practice sites, ages served (within the 0-5 population), responsibilities across the entire continuum of care from direct service through administration and public policy levels, and, service provision across the continuum of promotion, prevention, early intervention and treatment.

PROGRAM TUITION: $7,900: Upon receiving a notice of acceptance, candidates will have 14 business days to submit their written acceptance notice and $5300 tuition payment (tuition payment #1) to the University of California Davis Extension in accordance with the instructions contained in the notice of acceptance. These steps will secure enrollment in the program. Following the instructions in the notice of acceptance, the remaining $2,600 (tuition payment #2) must be submitted by check or credit card to the Napa Infant-Parent Mental Health Fellowship and received by 5pm on Monday, January 4, 2017. For all applicants accepted after November 25, 2016, tuition payment #1 to UCDE must be made by December 15, 2016 regardless of the number of days between the notice of acceptance and December 15, 2016.

General Disclosures

1. The purpose of the UCDE Napa IPMHF is to increase the number of providers serving children and families who are willing and trained to provide infant-parent & early childhood mental health services. The UCDE Napa IPMHF is jointly overseen by the University of California Davis Extension and the Napa Fellowship. In Napa, the program is locally assisted by the Parent-Infant & Child Institute, the Napa County Office of Education, Queen of the Valley Medical Center, and First 5 Napa. Revenue realized for and from the program (tuition, registration, special fees, etc.) is used to pay for trainings, RSCF, faculty, support staff, facilities, evaluation, and other costs directly associate with the UCDE Napa IPMHF.

2. Some sessions of the UCDE Napa IPMHF will be open for public registration. This is done in recognition of and appreciation for the local community’s support, to increase IPMH skills within the region, and to help offset the costs associated with the faculty and travel.

3. Applications will be reviewed and selection decisions will be made by Drs. Kristie Brandt, Rachel Talamantez, and Mary Beth Steinfeld, and other application reviewers chosen by them, as needed. All decisions of the committee are final.

4. If at least 25 qualified applicants cannot be selected for the UCDE Napa IPMHF, the program reserves the right to cancel the training or to alter the faculty in order to reduce costs.

5. No promises or guarantees are expressed or implied regarding employment, career advancement, licensing, credentialing, or endorsement upon completion of the UCDE Napa IPMHF, or the applicability and/or acceptance of graduate units issued by the UC Davis Extension in programs of study at UC Davis or other institutions of higher learning.

6. If a speaker or session cannot be held due to circumstances beyond the control of the sponsors (e.g. natural disaster, strike, fire, severe weather, illness of the speaker, speaker cancellation, national emergencies, acts of war, etc.) the dates will be rescheduled, if possible, or an alternate speaker chosen and scheduled.

7. Only those registered in the UCDE Napa IPMHF, the program’s staff, faculty, and facilitators may attend the closed sessions of the program. Special guests, including former Napa Fellowship graduates, may attend with pre-approval by the program director. Training sessions are closed to all others (e.g. colleagues, employers, partners, spouses, children, etc.).

8. No session of the UCDE Napa IPMHF may be audiotaped, videotaped, or digitally or electronically recorded in any way. Use of laptops, iPads, cellphones, PDAs, and/or similar devices, including phone texting, may not be used in the class when faculty are presenting or RSCF session in progress. Cellphones and other electronic devices must be turned off or placed in silent mode during all sessions.

9. Handouts for most sessions will be provided to participants electronically via e-mail. Participants must have an e-mail account and the ability to open and process documents sent as Word documents, PowerPoint files, and pdf. Participants must also have equipment and connectivity necessary to participate in online trainings.

10. Enrolled Fellows who are breastfeeding a baby under 16 weeks age may have the baby in class with them. Because hours of attendance are critical for course completion, graduate units, and continuing education hours, time out of the room for any reason (e.g., pumping, soothing, changing, etc.) should be carefully monitored by the Breastfeeding Fellow/Mother (BFM) to limit time out of class, and BFM are strongly encouraged to have another adult available (who is not enrolled in the training) to care for the baby so the BFM can gain the most from the session. Finally, since every baby is different, BFM are encouraged to consult the baby’s health care provider to determine if it is safe for their young infant to be in the UCDE Napa IPMHF training venues with a large group of people for extended periods. Otherwise, children are not permitted in training sessions.

11. Because UCDE offers 23 quarter hours in the graduate professional series for the UCDE NIPMHF, Fellows will receive a letter grade at the completion of the Fellowship. The grading rubric will be provided at the first meeting in January 2017 and can be discussed in advance with potential applicants desiring this information before submitting an application.
Continuing Education

A Letter of Conferral summarizing the coursework completed and a graduate certificate will be issued to Fellows that meet all of the UCDE Napa IPMHF requirements. For an additional fee of $75, continuing education hours will be available through The Institute for Continuing Education for the disciplines of psychology, social work, marriage/family therapy, counseling, and nursing. The continuing education component of the program is co-sponsored by the Institute for Continuing Education. CE contact hours are awarded on a session-by-session basis, with full attendance required for each session attended. On the opening weekend of the UCDE Napa IPMHF, program staff will provide CE registration packets. For the processing fee of $75, a maximum of 178 CE contact hours can be awarded for full attendance at all sessions. If you have questions regarding CE contact hours offered, the program, the presenters, or the learning objectives by session, please contact The Institute for Continuing Education at: (Phone) 800-557-1950; (Fax) 866-990-1960; or (E-Mail) InstContEd@AOL.com. **Skills Level: Intermediate to Advanced**

**Psychology:** The Institute for Continuing Education (ICE) is an organization approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. ICE maintains responsibility for this program and its content.

**Social Work:** ICE is approved as a provider for social work CE by the Association of Social Work Boards (ASWB), through its Approved Continuing Education (ACE) program. The ICE maintains responsibility for the program. ASWB Provider No. 1007; California Board of Behavioral Sciences Provider No. PCE 636.

**Marriage/Family Therapy:** ICE is an approved provider by the Texas Board of MFT, Provider N. 177.

**California Social Workers, MFT, Counselors:** The California Board of Behavioral Sciences will honor programs that are sponsored by APA and ASWB providers.

**Counseling:** No NBCC credit is offered for this course.

**Nursing:** ICE is accredited as a provider of continuing education in nursing by the California Board of Registered Nursing, Provider No. CEP 12646. Nurses licensed in states other than California are responsible for checking with their state board to determine if continuing education credit issued through an approved provider of the CA Board of Nursing, is accepted by their state board.

**Learning Objectives:** A listing of learning objectives by session will be available to interested participants 30 days prior to each training session. In addition, at the first class meeting of the program, enrolled participants will receive a full listing of the learning objectives for each session in their program syllabus. If you wish to receive a listing of the learning objectives, please contact The Institute for Continuing Education at: (Phone) 251-990-2665; (Fax) 251-990-2665; or (E-Mail) InstContEd@AOL.com

Textbooks

**Required Texts**

- The Boy who was Raised as a Dog (2007) by Bruce Perry; Basic Books; ISBN 978-0465056538
- Diagnostic Classification of Mental Health and Developmental Disorders of Infancy & Early Childhood Revised (DC:0-3R) (2005); Zero to Three; ISBN: 9780943657905

**Provided Texts**


**Other Highly Recommended Texts**


Other Highly Recommended Texts (cont.)

- How You are is as Important as What You Do (1998) by Jeree Pawl & Maria St. John; Zero to Three; ISBN9780943657394
Frequently Asked Questions

1. **Are lodging and travel costs included in the tuition?** No, the cost of lodging and travel is up to the individual participant. Some local hotels will negotiate with enrollees and provide a lower rate for stays in Napa. Also, some past graduates living in or near the Napa area offer rooms in their home for Fellows. If you are accepted into the training program, information on local lodging options will be sent to you.

2. **How will I know if this kind of training is right for me?** The UCDE Napa IPMHF is a very intense training program that may work extremely well for learners who thrive on 3-day immersion sessions with intense exposure to new material followed by an extended period of time for incorporation and consolidation. Such a format may not work well for learners who thrive on a typical college-type schedule of shorter sessions of exposure to new material with small breaks for incorporation and consolidation (e.g., 3 class hours per week). The class sessions consist of didactic presentations and extended sessions of processing and discussing material. Potential applicants may want to consider their comfort level related to process-oriented learning, talking in a class setting, and thoughtfully considering the ideas of others in a non-competitive environment. Also, potential applicants should consider that this type of learning consists of long hours of sitting, listening, and discussing in an indoor conference room setting, and Fellows are expected to be seated with the group throughout the training sessions.

3. **Can I audio or video tape the sessions?** There is no audio and/or videotaping, digital/electronic recording of any kind allowed in the sessions, and live sessions are not broadcast. Participants may not to take notes on laptops, PDAs, or other electronic devices, or photograph PowerPoint slides during lectures and discussions. These policies are in place to preserve the privacy of individuals in case presentations, and to protect copyrights, intellectual property rights, and proprietary agreements related to the materials being used in trainings, and promote engaged interaction among faculty and Fellows. In addition, this supports the privacy, safety, and comfort of the learners and faculty, fosters discussion, and assures that the program meets the safety requests of the agencies and establishments hosting training sessions. Finally, since the nature of the program is relationship-based and intended to support Fellows in enhancing therapeutic interactions with infants, children, parents, caregivers, and colleagues, the program is designed to promote group interaction, mindful presence, and self and mutual regulation, with active consideration of thoughts and ideas.

4. **Is there scholarship money available from the UCDE Napa IPMHF, any of its sponsors or UC Davis?** No, the sponsors and faculty do not have scholarship funds available. Potential applicants are encouraged to explore scholarship opportunities with their employers, professional organizations, local hospitals, and local philanthropic organizations. California residents may want to contact their county First 5 Commission and/or their Mental Health Services Act County Coordinator to determine if their local entities offer any tuition or scholarship options.

5. **How is seating arranged for the class sessions?** Each faculty is asked how s/he would like the room arranged. For most sessions, either a “U-shaped” or a “classroom” style arrangement with tables and chairs is used, but occasionally a theater-style (chairs only, no tables) arrangement is used.

6. **What are the attendance requirements?** In order to receive a Certificate of Completion, participants cannot miss more than 24 hours of didactic class time, and cannot miss more than 8 RSCF hours. **Applicants should carefully review the training schedule to assure that they can attend all scheduled training dates.** Potential conflicts may include family or personal obligations, graduation dates, birthdays, religious observances, weddings, anniversaries, business commitments, etc. Those missing more than 24 hours of classroom (didactic) training and/or not completing at least 50 RSCF hours with a Napa RSCF Mentor will not be eligible to receive a Certificate of Completion, but will receive a Letter of Conferral documenting the hours they completed.

7. **What are the 2017-2018 UCDE NAPA IPMHF Training dates in NAPA, CA?** The Fellowship will meet in Napa, CA on:

   - **January 13-15, 2017**
   - **May 19-21, 2017**
   - **August 11-13, 2017**
   - **September 8-10, 2017**
   - **October 6-8, 2017**
   - **November 3-5, 2017**
   - **November 29-Dec 1, 2017**

   **(Detailed schedule for the 2017-18 UCDE NAPA IPMHF included below)

<table>
<thead>
<tr>
<th>Date Range</th>
<th>Faculty Initials</th>
</tr>
</thead>
<tbody>
<tr>
<td>May 19-21, 2017</td>
<td>June 23-25, 2017*</td>
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<tr>
<td>August 11-13, 2017</td>
<td>July 14-16, 2017</td>
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<tr>
<td>September 8-10, 2017</td>
<td>October 6-8, 2017</td>
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<tr>
<td>October 21-23, 2017</td>
<td>November 3-5, 2017</td>
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</tbody>
</table>
   | September 29-Dec 1, 2017 | Napa RSCF Mentor will not be eligible to receive a Certificate of Completion, but will receive a Letter of Conferral documenting the hours they completed.

8. **What airports serve the Napa area and how do I get around in Napa?** Sacramento International Airport (SMF) is 60 miles east of Napa, San Francisco Airport (SFO) is 60 miles southwest of Napa, and Oakland International Airport is 50 miles south. Due to heavy traffic patterns in the Bay Area, Sacramento is almost always the most convenient airport to get to and from the Napa area with a driving time of about 1 hour. There are scheduled shuttles from Napa to SFO and OAK. There are no regular shuttles to SMF. While in Napa, be advised that Napa has on-call taxis, but no circulating taxis to hail from the street. Parking is free at all hotel and training locations. A rental or personal car is highly recommended.

9. **Are breakfasts and lunches provided?** No. However, most Saturday and Sunday sessions are typically held in a location immediately adjacent to a hospital cafeteria where food and beverages can be purchased. Friday sessions are typically held in a location with food vendors within a 1 mile drive, but no food vendors on site.
<table>
<thead>
<tr>
<th>Month &amp; Year</th>
<th>Core Theme</th>
<th>Day</th>
<th>Faculty</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>January 13, 14 &amp; 15, 2017</strong></td>
<td>Infant-Parent Mental Health Core Concepts &amp; UCDE Napa IPMHF Orientation</td>
<td>Fri</td>
<td>Dr. Kristie Brandt</td>
<td>Pre-Course Survey, Introductions, Course Overview*</td>
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<tr>
<td></td>
<td></td>
<td>Sat</td>
<td>Dr. Pat Levitt</td>
<td>Epigenetics, Environment, Brain Architecture &amp; Behavior*</td>
</tr>
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<td></td>
<td></td>
<td>Sun</td>
<td>Drs. Brandt, Talamantez &amp; Steinfeld</td>
<td>Core Concepts in IPMH &amp; Course Orientation*</td>
</tr>
<tr>
<td><strong>February 10, 11 &amp; 12, 2017</strong></td>
<td>Primacy of the Early Relationship: Cueing, Interaction &amp; Coding</td>
<td>Fri</td>
<td>Dr. Kristie Brandt</td>
<td>NCAST Feed Parent-Child Interaction Feeding Scale Training*</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Sat</td>
<td>Dr. Kristie Brandt</td>
<td>NCAST Feed Parent-Child Interaction Feeding Scale Training*</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Sun</td>
<td>Dr. Kristie Brandt</td>
<td>NCAST Feed Parent-Child Interaction Feeding Scale Training*</td>
</tr>
<tr>
<td><strong>March 24, 25 &amp; 26, 2017</strong></td>
<td>Observing Newborns, Supporting Regulation &amp; Brazelton’s Touchpoints</td>
<td>Fri</td>
<td>Dr. Kevin Nugent, et al.</td>
<td>Newborn Behavior Observation (NBO) Training*</td>
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<td></td>
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<td>Sat</td>
<td>Drs. Linda Gilkerson &amp; Larry Gray</td>
<td>Fussy Babies: Assessment &amp; Intervention for Dysregulated Infants</td>
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<td></td>
<td></td>
<td>Sun</td>
<td>Dr. Ann Stadler</td>
<td>Brazelton’s Touchpoints, Toddlers &amp; Toilet: Testing the Family System</td>
</tr>
<tr>
<td><strong>April 21, 22 &amp; 23, 2017</strong></td>
<td>Diagnostics, Attachment, Screening, Assessment &amp; the Basics of Counseling in Interacting with Families</td>
<td>Fri</td>
<td>Dr. Cherise Northcott</td>
<td>Diagnostic Codes: DC:03R; DSM:5; ICD:9; CPT</td>
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<tr>
<td></td>
<td></td>
<td>Sat</td>
<td>Dr. Carol George</td>
<td>Child and Adult Attachment, and the Mental Health Implications</td>
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<td></td>
<td>Sat</td>
<td>Dr. MaryBeth Steinfeld</td>
<td>Developmental/Behavioral &amp; General Pediatrics &amp; IFECMH</td>
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<tr>
<td></td>
<td></td>
<td>Sun</td>
<td>Dr. Barbara Stroud</td>
<td>Basics of Counseling in the Infant-Parent Field</td>
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<tr>
<td><strong>May 19, 20 &amp; 21, 2017</strong></td>
<td>Neurobiology of Malnutrition &amp; Trauma the NMT, and Mobius Care with a “Tile &amp; Grout” Approach</td>
<td>Fri</td>
<td>Dr. Bruce Perry</td>
<td>Neurodevelopmental Model of Therapeutics (NMT)*</td>
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<tr>
<td></td>
<td></td>
<td>Sat</td>
<td>Dr. Perry (a.m.)</td>
<td>NMT Case Studies &amp; Relational Psychophysiology*</td>
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<td></td>
<td></td>
<td>Sat</td>
<td>Dr. Kristie Brandt (p.m.)</td>
<td>Mobius Care Models and the Tile &amp; Grout Approach*</td>
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<td></td>
<td></td>
<td>Sun</td>
<td>Dr. Brandt &amp; Faculty Mentors</td>
<td>Case Studies with Reflective Supervision/Consultation &amp; Facilitation</td>
</tr>
<tr>
<td><strong>June 23, 24 &amp; 25, 2017</strong></td>
<td>Reflective Practice Support in Infant-Family &amp; Early Childhood Mental Health</td>
<td>Fri</td>
<td>Dr. Kristie Brandt</td>
<td>Reflective Work in Infant-Family &amp; Early Childhood Mental Health</td>
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<tr>
<td></td>
<td></td>
<td>Sat</td>
<td>Dr. Kristie Brandt</td>
<td>Reflective Supervision/Consultation &amp; Facilitation in IFECMH</td>
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<tr>
<td></td>
<td></td>
<td>Sun</td>
<td>Dr. Brandt &amp; Faculty Mentors</td>
<td>Case Studies with Reflective Practice Facilitation</td>
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<tr>
<td><strong>July 14, 15 &amp; 16, 2017</strong></td>
<td>Sensory Processing Differences, Spectrum Disorders, Relationship-Based Therapies, &amp; Trans-Disciplinary Work</td>
<td>Fri</td>
<td>Dr. Connie Lillas</td>
<td>Neurodevelopmental Framework (NRF) in Transdisciplinary Clinical Work, Part 1</td>
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<tr>
<td></td>
<td></td>
<td>Sat</td>
<td>Dr. Connie Lillas (a.m.)</td>
<td>NRF in Transdisciplinary Clinical Work, Part 2</td>
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<td></td>
<td>Sat</td>
<td>Dr. Connie Lillas (p.m.)</td>
<td>Case Studies Using the NRF with RSCF</td>
</tr>
<tr>
<td><strong>August 11, 12 &amp; 13, 2017</strong></td>
<td>Use of Video in Therapeutic Work with Children, Families &amp; Caregivers</td>
<td>Fri</td>
<td>Dr. George Downing</td>
<td>Sensory Processing &amp; Regulatory Challenges: The OT Perspective</td>
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<td>Sat</td>
<td>Dr. George Downing</td>
<td>Video Intervention Therapy (VIT)</td>
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<td>Sun</td>
<td>Maria Quintanilla</td>
<td>Video Intervention Therapy (VIT)</td>
</tr>
<tr>
<td><strong>September 8, 9 &amp; 10, 2017</strong></td>
<td>Psychodynamic/Psychoanalytic &amp; Family Systems Concepts in Therapeutic Work</td>
<td>Fri</td>
<td>Dr. Stephen Seligman</td>
<td>Issue &amp; Concepts Related to Foster Care, Adoption &amp; Fertility</td>
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<tr>
<td></td>
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<td>Sat</td>
<td>Dr. Ritchey, Jen Black &amp; Julia Bantimba</td>
<td>Community Health for Children: Funding, Services &amp; Policies</td>
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<td></td>
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<td>Sat</td>
<td>Dr. Brandt &amp; Faculty Mentors</td>
<td>Psychoanalysis/Psychodynamics and the Family Consultation Model</td>
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<td>Sun</td>
<td>Dr. Kyle Pruett</td>
<td>Why Bother with the Father: Dads and Child Development</td>
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<tr>
<td><strong>October 6, 7 &amp; 8, 2017</strong></td>
<td>Mentalizing, Intersubjectivity, the Dyadic Relationship, Communication &amp; Movement</td>
<td>Fri</td>
<td>Dr. Stephen Seligman</td>
<td>Case Studies with Reflective Supervision/Consultation &amp; Facilitation</td>
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<td></td>
<td></td>
<td>Sat</td>
<td>Dr. Ritchey, Jen Black &amp; Julia Bantimba</td>
<td>Implications of Relationships in Communication &amp; Motor Development</td>
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<tr>
<td></td>
<td></td>
<td>Sat</td>
<td>Dr. Brandt &amp; Faculty Mentors</td>
<td>Case Studies with Reflective Supervision/Consultation &amp; Facilitation</td>
</tr>
<tr>
<td><strong>November 3, 4 &amp; 5, 2017</strong></td>
<td>Meaning Making, Dyadic States Child Psychopathology &amp; Mental Health Stigma</td>
<td>Fri</td>
<td>Dr. Ed Tronick</td>
<td>Meaning Making, Mutual Regulation &amp; Dyadic States of Consciousness</td>
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<td>Sat</td>
<td>Dr. Stephen Hinshaw</td>
<td>Child Psychopathology, ADHD &amp; Psychopharmacology</td>
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<td></td>
<td></td>
<td>Sun</td>
<td>Dr. Brandt &amp; Faculty Mentors</td>
<td>Case Studies with Reflective Supervision/Consultation &amp; Facilitation</td>
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</table>

**November 29 – December 1, 2017**
Engaging with the National & International IMH Professional Community

**January 5, 6 & 7, 2018**
Early Care for Children, Play, Mental Health Consultation & the Role of Fathers

**April 5, 6 & 7, 2018**
IPMH Colloquium: Relationships, Development, Risk, Intervention & Outcome

**TOTAL HOURS:**
Didactic/Classroom Program: 280 class hours
Reflective Supervision/Consultation/Facilitation: 51.5 hours in groups of 1:≤8 & 2 hours of 1:1; Total of 53.5 hours
Maximum Continuing Education Contact Hours = 178

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*Mandatory session that must be completed to receive a Certificate of Completion  (NOTE: Some sessions will be open to the public to register.)

Attendance at the Zero to Three Annual Conference Nov 29-Dec 1, 2017, is highly encouraged. Otherwise attendance at another equivalent 2– day regional, national, or international training, convention, or conference (e.g. CTA/NMT, IDA, SRCD, WAIMH, TPs, etc.) is acceptable at any time between January 2017 & January 2018.