The University of California Davis Extension and the Napa Fellowship are extremely pleased to release the application for the 2016-2017 UCDE Napa Infant-Parent & Early Childhood Mental Health Fellowship program. This remarkable program is unlike any in the U.S., and provides working professionals the opportunity to engage in an outstanding 15-month specialty training program through classes offered on weekends in California’s Napa Valley. This state and national award winning program was developed in Napa, CA in 2002 where it has operated continuously since its inception.

Upon completion of the 2016-2017 program, graduating Fellows will receive a Certificate of Completion and be awarded 23 academic quarter units in the graduate professional series from the University of California Davis Extension. UC Davis is ranked in the top 40 universities in the United States, is in the top 20 U.S. universities in research funding, and twenty-four of UCD's undergraduate programs are rated in the top 10 in the nation. Fellows will be enrolled with the University and will have access to the UC Davis Shields Library which is among the top research libraries in North America.

The UCDE Napa IPMHF is a 15-month intensive interdisciplinary program designed for professionals working with young children and their families, and typically meets in Napa, CA for 3 days each month, Friday-Sunday. The UCDE Napa IPMHF is committed to inter-disciplinary training with a philosophical belief that children and families are best served in the context of existing professional relationships where referral and consultation are used to address specific issues while maintaining a comprehensive, collaborative, and continuing approach to care. The training is based on a practice model encompassing promotion, prevention, early intervention, pan-disciplinary services, and discipline-specific services. Admission is open to post-baccalaureate through post-doctoral level professionals, and the 2016-2017 course tuition is $7,500.

The goal of the UCDE Napa IPMHF is to support professionals in understanding relationship-oriented therapies and to focus therapeutic efforts on the infant-parent and other important relationships in infancy and early childhood. The program’s graduates are among a small group of providers in the U.S. formally trained in this important field. To explore current theoretical thinking, research findings, and models of care, the UCDE Napa IPMHF engages some of the most recognized luminaries in their fields as faculty for the program. The opportunity to think with these experts for an extended period of time in a small group is not only rare, but places the UCDE Napa IPMHF graduates on the leading edge of the infant-parent and early childhood mental health field.

The Fellowship was founded in the belief that just as children develop within the context of the family, providers develop within the context of the provider community where learning and professional development are optimized in an environment of support and respect. The UCDE Napa IPMHF is a program dedicated to the task of supporting practitioners to effectively treat disorders of infancy and early childhood within the milieu of relationship and family - - the milieu of development. This is where development happens moment-by-moment and day-by-day. It is also where development becomes derailed: moment-by-moment, day-by-day. Thus the Fellows will be taking on the task of understanding this enormously complex process, then learning and creating ways to work on this process moment-by-moment. We believe it is the most exciting of challenges, and one that will have a long-term and profound impact on infants, parents, providers, and systems everywhere.

Since 2002, the Napa IPMHF has enrolled psychologists, nurses, physicians, OTs, PTs, speech-language professionals, educators, marriage-family therapists, social workers, administrators, attorneys, early interventionists, and many other disciplines. Fellows have attended the Napa Fellowship from 34 California counties and 19 states including Alaska, Hawaii, Arizona, Florida, Idaho, Illinois, Kansas, Massachusetts, Missouri, North Carolina, New Mexico, Nevada, Oregon, Utah, Vermont, Washington, Wisconsin, Wyoming, and California. Fellows have also come from 9 countries including Canada, Italy, Mexico, New Zealand, El Salvador, Switzerland, England, Israel, and Thailand. Program graduates have provided services internationally from Africa to the Philippines, Mexico, Central & South America, Europe, China, New Zealand, Canada, India, Israel, Australia, Palau, Myanmar, Scandinavia, United Kingdom, and Vietnam. They teach and train in universities and other settings across the country and around the world, present in national and international forums, and provide services to thousands of children and families worldwide.

You are invited to join them and apply for the UC Davis Extension’s 2016-2017 Napa Infant-Parent Mental Health Fellowship!
**General Program Description**

The UCDE Napa IPMHF is designed for professionals working with children, particularly those age 0-5 (chronological, developmental and/or functional), their families, or other caregivers. The Fellowship consists of twelve intensive 3-day weekends and one 4-day training in Napa, CA that are primarily interactive and dynamic didactic (classroom) hours with reflective sessions scheduled throughout the series of meetings. Each weekend addresses a larger topic area within the field of Infant-Parent & Early Childhood Mental Health and includes theoretical foundations, research, assessment, and video observation with a strong emphasis on clinical application of the material. Theoretical frameworks for the program focus heavily on the work of Drs. Berry Brazelton, Bruce Perry, Kristie Brandt, Peter Fonagy, Daniel Stern, Connie Lillas, Ed Tronick, Kathryn Barnard, and Louis Sander, and other neurorelational and neurodevelopmental models presented by the program’s esteemed faculty.

The intent of the UCDE Napa IPMHF is to support professionals in enhancing their understanding of infant-parent and early childhood mental health concepts and develop skills, relevant to their scope of practice, that support infants, children and their families in optimal social-emotional development through: a) programs to promote optimal infant-parent and early childhood mental health and provide preventive interventions; b) surveillance, early detection, and early intervention; c) interdisciplinary collaboration and transdisciplinary therapeutic work; d) research; e) consultation to providers and caregivers serving children; and, f) advancement of public policy related to all aspects of infant-parent health. The IPMHF was constructed on a primary public health preventive and intervention model that recognizes the association between the functionality and health of early relationships and lifelong health and well-being for the child, the parent, and the community.

Throughout the UCDE Napa IPMHF, the principal focus will be on infant-parent relationships and factors impacting these relationships. Learning will focus on the primacy, emergence, and development of dyadic relationships, and optimizing their functionality and resilience through preventive interventions, assessment, monitoring, support, and treatment, ideally before dysfunctional patterns emerge and/or become entrenched. Fellows will gain experience in diagnosing and treating social-emotional, developmental, attachment, and regulatory difficulties in infants, young children, and their caregivers, and in screening for conditions in the parent and child that may require referral for specialized assessment or treatment beyond the scope of the primary or index clinician. The UCDE Napa IPMHF includes training on mental health, the neurobiology of mental health challenges, and prevention and treatment of mental illness. The following are a sampling of other topics that will be covered in this program, representing a balance of theory, assessment, clinical practice, research, and intervention:

- Neuroscience & Epigenetics
- Pregnancy, Birth & Parenting
- Newborn & Early Childhood Assessment
- Developmental Risk and Resilience
- The Meaning and Influence of Culture
- Developmental Psychopathology
- Reflective Practice
- Dyadic Infant-Parent Psychotherapy
- Therapeutic Use of Video
- Neuro-Relational Models of Development
- Regulatory Challenges of Infancy & Early Childhood (Sleeping, Feeding, Crying)
- Sensory Processing Differences & Challenges
- Effects of Trauma and Maltreatment
- Disorders of Relating & Communicating
- Child & Parent Depression, other Mood Disorders & Mental Illness
- Family Systems Theory and Interventions
- Diagnostic Classification Systems
- Mental Health Stigma

**Eligibility:** The UCDE Napa IPMHF is open to professionals at the graduate through post-doctoral level. It is preferred, but not required, that applicants have one year of experience providing services for children age 0-5 years (chronological, developmental and/or functional), their parents (including pregnant women), and/or other caregivers for children age 0-5 years. Eligibility is open but not limited to: psychologists, physicians, social workers, LCSWs, MFTs, educators, OTs, PTs, nurses, speech/language & communication therapists, dieticians, attorneys, and other professionals. All applicants must hold a minimum of a bachelor’s degree in a field related to infant-parent work. Non-clinicians (e.g. administrators, researchers, academics) may apply with the clear understanding that the UCDE Napa IPMHF does not train such individuals to become clinical professionals. Creating a Fellowship cohort that is diverse in multiple domains is highly desired and contributes substantially to the learning process.

**Course Components:** The 2016-2017 UCDE Napa IPMHF consists of: over 270 didactic/classroom hours, 100 practicum/integration hours; 100-200 Independent Capstone Project hours; 50-60 Reflective Supervision/Consultation/Facilitation (RSCF) group (1:<8) and individual hours (1:1); 24 hours of psychometrics; and, special targeted trainings, such as learning to assess newborns using the Newborn Behavioral Observation, and observing and coding child behavioral cues using the NCAST Parent-Child Interaction Feeding Scale. There is also heavy emphasis on developing skills in the Brazelton’s Touchpoints and the Child Trauma Academy’s Neurosequential Model of Therapeutics (NMT). The general sections of the UCDE Napa IPMHF training are:

**JANUARY 2016 - JANUARY 2017…Intensive Didactic & Experiential Coursework**

**FEBRUARY 2017 - APRIL 2017……Independent Capstone Project Work & Presentation Preparation**

**APRIL 2017…………………………Spring Colloquium, Capstone Project Presentations & Graduation**
**Course Objectives & Learning Goals** are to train an interdisciplinary group of professionals who:

- Improve resource depth, capacity, and access within communities to infant-parent and early childhood mental health services from professionals who are skilled and qualified to engage in such work;
- Increase awareness of the broad and dynamic nature of screening, assessing, and diagnosing infants, children, and caregivers, and in developing comprehensive service plans to address prevention, early intervention, and therapeutic needs;
- Have an integrated understanding of infant-parent and early childhood relationship, regulatory, social-emotional, developmental, communication, and mental health related concepts and theories, and are able to work in transdisciplinary teams to provide services for children 0-5 and their caregivers;
- Are highly skilled and invested in infant-parent and early childhood work using a transdisciplinary approach to promotion, prevention, screening, assessment, evaluation, treatment, monitoring, and policy development to optimize social-emotional and cognitive development, and the relationship of infants and their caregivers;
- Have an understanding of the major theorists, researchers, and clinicians in the area of social-emotional development, infant-parent mental health, and infant-caregiver relationships;
- Understand the Revised Diagnostic Codes for 0-3 (DC:03R), DSM-5, ICLD diagnostic codes, other diagnostic approaches, and the IEP/IFSP processes;
- Within the scope of the provider’s discipline, licensing, and experience treat infants, young children and/or parents with a variety of relational, emotional, social, mental, sensory, communication, motor, spectrum, and constitutional disorders;
- Provide consultation and advocacy in a variety of settings (e.g., schools, early care, private practices, home visiting programs, etc.);
- Promote reflective practice, reflective activities (solo, 1:1 & group) and interdisciplinary professional collaboration and respect;
- Forward, support, and develop policies that address the primacy of early relationships as fundamental to lifelong individual and community health, well-being, and learning;
- Support international, national, state and/or regional efforts aimed at the transdisciplinary education, certification, endorsement, and collaboration of professionals within the infant-parent and early childhood mental health field.

**2016-2017 Training Dates**: Scheduled training dates and times are listed on page 9 of this packet. *All training dates and faculty are subject to change.* In the event that a session cannot be held due to circumstances beyond the control of the sponsors (e.g. natural disaster, strike, fire, severe weather, illness of the speaker, speaker cancellation, national emergency, acts of war, etc.), the dates will be rescheduled, if possible, or an alternate speaker chosen and scheduled. **It is expected that Fellows will attend all the scheduled hours of each of the training sessions. Fellows missing over 24 didactic training hours will not be eligible for a Certificate of Completion and the full 23 graduate professional series units noted previously.**

**Program Director & Faculty Chair Description**: The UCDE Napa IPMHF Director and Chief Faculty, Kristie Brandt, CNM, DNP, is the founder of the Napa Infant-Parent Mental Health Fellowship and co-developer (with Dr. Ed Tronick) of the certificate program. Dr. Brandt has a substantial teaching and training role in the UCDE Napa IPMHFP, and works in partnership with: (1) Rachel Talamantez, EdD, MFT, Assistant Director of Reflective Practice & Endorsement Support; (2) Mary Beth Steinfeld, MD, Assistant Director of Academic Affiliation & Clinical Liaison; and, (3) Bruce Perry, MD, PhD, the Assistant Director of Curriculum Development & Content Advising. Together the Directors: (a) oversee the scheduling of faculty and facilities; (b) manage program operations and student and alumni relations; (c) provide academic counseling and guidance to Fellows throughout the program, as needed; (d) evaluate the Capstone project presentations and determine if all course components have been satisfactorily completed; (e) verify satisfactory course completion to both the Fellow and the University of California Davis Extension; (f) submit course grading documentation; and (g) affirm that Certificates of Completion bearing the endorsement of the University of California Davis Extension can be issued.

**Program Faculty**: Throughout the program, nationally and internationally recognized experts in the Infant-Parent & Early Childhood Mental Health field are scheduled to join the Fellows and provide training, engage in dialogue, and participate in case discussions. Faculty have been carefully chosen to provide Fellows with the opportunity to meet and think with experts and luminaries that have a wide range of disciplines, academic and clinical backgrounds, research expertise, and theoretical perspectives. A brief bio or full C.V. can be obtained by contacting the Napa Program. The 2016-2017 UCDE Napa IPMHF faculty are:

- **Kristie Brandt, CNM, DNP**
- **Rachel Talamantez, EdD, MFT**
- **Mary Beth Steinfeld, MD**
- **John Hornstein, EdD**
- **Larry Gray, MD**
- **Marie Anzalone, OTR, ScD**
- **Maureen St. John, MA, MS**
- **Sherri Terao, EdD**
- **Bruce D. Perry, MD, PhD**
- **Stephen Hinshaw, PhD**
- **Connie Lillas, RN, MFT, PhD**
- **Carol George, PhD**
- **Linda Gilkerson, PhD**
- **Barbara Stondrous, PhD**
- **Margaret Ritchey, DPT, RPT**
- **Jennifer Black, MA, SLP**
- **Peter Fonagy, PhD**
- **Stephen Seligman, DMH**
- **George Downing, PhD**
- **Kyle Pruett, MD**
- **Sally Rogers, PhD**
- **Cherise Northcutt, PhD**
- **Ann Stadler, DNP, PNP**
- **Sharon Zone, MSW, LCSW**
- **Pat Levitt, PhD**
- **Ed Tronick, PhD**
- **Alexandra Harrison, MD**
- **Julia Bantimba, MS, OTR**
- **Kevin Nugent, PhD**
- **Connie Keefer, MD**
- **Maria Quintanilla, MSW, LCSW**
- **Stephen Paravicini, PsyD**

Select sessions of the UCDE Napa IPMHF will be opened for public registration. This is done in recognition of the contribution of the community and region to the success of this program, to increase related expertise in the region, and to help offset the costs associated with the speaker’s fees and travel expenses.
**Evaluation & Academic Review:** A comprehensive evaluation and academic review of the UCDE Napa IPMHF is continuously conducted to determine the program’s quality, impact, and student satisfaction, and to demonstrate accountability to external constituencies. Specific course content objectives were developed from qualitative work done in 2002 to create the curriculum for the UCDE Napa IPMHF, and evaluation information is used on an ongoing basis to revise the curriculum. The evaluation component is overseen by J. Michael Murphy, EdD, Assistant Professor of Psychiatry at Massachusetts General Hospital, Harvard Medical School.

**Endorsement - For Those in California:** While the UCDE Napa IPMHF strives to keep abreast of the endorsement requirements promulgated by the California Center for Infant-Family & Early Childhood Mental Health, the Michigan Association for Infant Mental Health, and the Alliance for the Advancement of Infant Mental Health (AAIMH), guidelines for endorsement have changed and may continue to change without notice, and the UCDE Napa IPMHF makes no guarantees regarding the number of didactic and/or Reflective Supervision, Consultation or Facilitation (RSCF) hours required to achieve endorsement. If endorsement in the field is being sought, individual applicants and Fellows should consult their state or country for clarification of endorsement requirements.

**FOR CALIFORNIA FELLOWS:** The endorsement process for Infant-Family & Early Childhood Mental Health (IFECMH) providers is can be found at: [http://ccenter-ecmhf.org/professional-development/endorsement-process/](http://ccenter-ecmhf.org/professional-development/endorsement-process/). Fellows completing the UCDE Napa IPMHF will accrue over 270 Course Hours (calculating to over 417 Clock Hours; see page 13 of the California Training Guidelines) in “Domain 1: Knowledge & Training Hours” and 50-60 RSCF hours. The RSCF hours accrued are clinical Facilitation hours applicable toward practitioner and specialist endorsement, and do not meet the criteria for facilitation hours toward endorsement as a Reflective Practice Facilitator or Mentor. In addition, Fellows complete a 12-hour RSCF Basic Training Workshop. **FOR FELLOWS IN U.S. STATES AND COUNTRIES WITHIN THE ALLIANCE FOR THE ADVANCEMENT OF INFANT MENTAL HEALTH (formerly the League of States):** Through the Michigan Association of Infant Mental Health (MI-AIMH) and the AAIMH, Michigan and 21 other U.S. states and countries are either offering or preparing to offer endorsement in the Infant Mental Health field. The UCDE Napa IPMHF prepares participants to meet the requirements and competencies that must be documented in a Professional Portfolio as part of this endorsement process, and sit for the endorsement examination. More information on endorsement through the MI-AIMH and other U.S. states and countries within the AAIMH is available at: [http://mi-aimh.org/](http://mi-aimh.org/). Fellows in other states or countries: Please consult your Association for Infant Mental Health, the AAIMH, or other relevant entity in your state or country to determine the status and requirements for endorsement in your jurisdiction.

**Scholarships:** PLEASE NOTE: THERE ARE NO SCHOLARSHIPS AVAILABLE FROM THE PROGRAM. California applicants can contact their county’s First 5 Commission and/or the Mental Health Services Act (MHSA) coordinator to determine if these entities offer any scholarships or tuition support for such training programs. Also, see “Frequently Asked Questions” #4 on page 8.

**UCDE Napa IPMHFP Program Requirements – Fellow’s Responsibilities**

1. **Course Attendance:** Fellows must attend all scheduled training sessions (see accompanying schedule). Participants missing more than 24 hours of scheduled didactic class attendance will not be eligible to receive a Certificate of Completion. For any missed sessions, participants will submit a plan for acquiring the information presented in that session. Also, see #5 for information on missed RSCF hours. Some sessions of the UCDE Napa IPMHF are mandatory and attendance at these sessions is required in order to complete the program. These are indicted by an asterisk (*) after the date on the UCDE Napa IPMHF Training Schedule.

2. **Capstone Project:** Each Fellow will consult with their Reflective Practice Mentor in determining a specific focus or interest within the field of infant-parent mental health and will complete a Capstone project related to this focus area. Fellows will complete a brief written Capstone project report and deliver a 30-minute oral presentation on the Capstone project to their UCDE Napa IPMHF colleagues and other attendees at the Spring 2017 IPMH Colloquium as part of the graduation process.

3. **Special Targeted Training:** Each participant must complete the following targeted trainings in order to graduate:
   a. **Neonatal Behavioral Observation (NBO) System Certification:** This mandatory 8-hour training is scheduled on March 18, 2016, and 5 independent observations of an infant age 0-12 weeks with the related parent survey must be completed by July 18, 2016. These 5 NBOs for certification will require approximately 8-15 hours to complete.
   b. **NCAST PCI Feeding Scale Training & Reliabilities** (24 hours): This mandatory training is scheduled in February 2016.
   c. **Brazelton’s Touchpoints (1992 & 2001) concepts:** An introductory training on Brazelton’s Touchpoints® (TPs) will be provided as part of the March 2016 training session. In addition, Fellows are encouraged to attend a full TPs Individual Level Training (ILT) in their local community or at a National ILT. For information on local and national TPs training, visit [http://www.brazeltontouchpoints.org/offerings/professional-development or contact the Brazelton Touchpoints Center through that website. Fellows may also apply to attend the TPs training to be held in Napa, CA on March 2-4, 2016, but available slots for this training are limited, and there is no guarantee that all interested Fellows will be able to attend. Information on enrollment for the Napa TPs training and the associated costs will be provided to Fellows in February 2016.
   d. **Clinical Case Study:** From January to March, Fellows will complete a written case study using an abstract form from the Child Trauma Academy. This index case will be the foundation for learning throughout the Fellowship. In addition, a NMT Metric and Mobius Care “Tile & Grout” baseline description will be completed for skill development in Continuous Context Therapy.
   e. **Perry’s Neurosequential Model of Therapeutics (NMT):** Fellows will engage in extensive video viewing and reading on the foundational concepts of Perry’s NMT model, and use of the NMT Metric. Dr. Perry will provide advanced training on this model in May 2016, and Fellows will have the opportunity to explore use of the NMT Metric with their Index Case. This introductory work will support Napa Fellows in the option of completing NMT Certification in a special matriculation for UCDE NIPMHF participants. Registration and costs associated with pursuing NMT Certification will be provided at the first session.
4. Practicum/Integration - 100 hours: Each UCDE Napa IPMHF Fellow will identify a practicum/integration site as a setting where infant-parent and early childhood mental health concepts explored in the training program can be applied to practice. The practicum/integration site must include working closely with children age 0-5 (chronological, developmental and/or functional age) and/or care providers (e.g., parents, early care educators, practitioners, etc.) of children age 0-5 so that concepts, inter-disciplinary work, mentorship skills, and reflective practice can be applied and incorporated into the work. The practicum/integration hours may be accomplished in the participant’s usual work setting or in another location. The practicum is expected to include at least 8 hours per month and should generate cases for case studies and RSCF sessions. Examples of sites for the practicum experience include mental health programs, Head Start, child care settings, clinical practice settings (pediatrics, OT, PT, SLP, etc.), hospital maternity and newborn units, home visiting programs, special education classrooms and programs, developmental centers, etc.

5. Reflective Practice Supervision/Consultation/Facilitation (RSCF) - 54 hours: All Fellows will participate in clinical RSCF groups of 7-8 Fellows coordinated by a Faculty Mentor. Sessions may also include a Reflective Supervisor/Consultant/Facilitator in Training (RSCFT). A total of 50 hours of group RSCF will be completed during the monthly UCDE Napa IPMHF sessions and by phone. In addition, all Fellows will complete 2 or more hours of one-to-one RSCF with their assigned Faculty Mentor that will be scheduled by mutual agreement. These 52 hours of RSCF are included in the UCDE Napa IPMHF tuition. California-based Fellows are highly encouraged to complete a total of 10 hours of 1:1 RSCF with qualified Facilitators from a list that will be provided at the start of the program. These Facilitators have all agreed to accept $70 per 1:1 session. IMPORTANT NOTE: In order to receive a Certificate of Completion at the end of the UCDE Napa IPMHF, no more than 8 hours of the scheduled RSCF sessions may be missed and ALL missed hours must be made up with the assigned Faculty Mentor. To make up missed hours, the rate is $70/hour, and arrangements and payment must be made directly with the Faculty Mentor.

6. National & International Engagement: Participants must attend a major regional, national, or international 2-day professional IMH meeting, training, or convention between January 2016 and January 31, 2017. Fellows are strongly encouraged to attend Zero to Three’s National Training Institute (NTI) in New Orleans, LA on December 7-9, 2016. Other options include the Child Trauma Academy (CTA) Neurosequential Model Symposium in Banff, Alberta in June 2016, the Brazelton Touchpoints Center Annual Forum, or similar professional events, including a 16 hour webinar (recorded or live).

7. Reading & Texts: Enrolled Fellows must read the “Required Texts” for the course and the articles assigned throughout the program. In addition, Fellows will be expected to complete 7 hours of assigned video viewing in the first 7 months of the Fellowship, January through July.

8. Internet Access & Electronic Media: All Fellows must have access to e-mail, be able to participate in online training, and be able to receive, open, and process Word documents, PowerPoint files, and pdfs.

Admission, Selection & Tuition

APPLICATION & SELECTION PROCESS: Applications will be processed and considered on an ongoing (rolling) basis until a full class of Fellows is seated for the class start on January 15, 2016, and the application review time and notification is typically 2-3 weeks. There is no cutoff or deadline for applications, but the earlier an application is received, the greater the likelihood of admission. Applicants will be notified by e-mail of the committee’s decision after their application has been reviewed. Once the class is full, a waiting list is kept in the event a candidate withdraws from the program prior to the class start. A one hundred dollar ($100) non-refundable fee must accompany each application.

ADMISSION AND SELECTION CRITERIA INCLUDE:

- A complete application;
- Evidence of a Bachelor’s, Master’s, and/or Doctoral degree in the fields of medicine, psychology, nursing, education, sociology/social work, occupational therapy, physical therapy, child development, or other closely related field;
- Possession of a license or credential in a field or discipline providing services for the 0-5 population, such as a psychologist, social worker, LCSW, MFT, MD, DO, RN, SLP, OT, PT, RD, Multiple Subject Teaching Credential, etc. However, applicants without a license or credential, but possessing a Bachelor’s degree of higher, may apply for admission with the clear understanding that the UCDE Napa IPMHF does not train such individuals to become clinical professionals. Fellows in this status will be able to apply IPMH concepts and principles in their roles with the 0-5 population (e.g. policy & program development, early care & education, program administration, etc.); and,
- Experience working with the 0-5 population recommended, but not required.
**General Disclosures**

1. The purpose of the UCDE Napa IPMHF is to increase the number of providers serving children and families who are willing and trained to provide infant-parent & early childhood mental health services. The UCDE Napa IPMHF is jointly overseen by the University of California Davis Extension and the Napa Fellowship. In Napa, the program is locally assisted by the Parent-Infant & Child Institute, the Napa County Office of Education, Queen of the Valley Medical Center, and First 5 Napa. Revenue realized for and from the program (tuition, registration, special fees, etc.) is used to pay for trainings, RSCF, faculty, support staff, facilities, evaluation, and other costs directly associate with the UCDE Napa IPMHF.

2. Some sessions of the UCDE Napa IPMHF will be open for public registration. This is done in recognition of and appreciation for the local community’s support, to increase IPMH skills within the region, and to help offset the costs associated with the faculty and travel.

3. Applications will be reviewed and selection decisions will be made by Drs. Kristie Brandt, Rachel Talamantez, and Mary Beth Steinfeld, and other application reviewers chosen by them, as needed. All decisions of the committee are final.

4. If at least 25 qualified applicants cannot be selected for the UCDE Napa IPMHF, the program reserves the right to cancel the training or to alter the faculty in order to reduce costs.

5. No promises or guarantees are expressed or implied regarding employment, career advancement, licensing, credentialing, or endorsement upon completion of the UCDE Napa IPMHF, or the applicability and/or acceptance of graduate units issued by the UC Davis Extension in programs of study at UC Davis or other institutions of higher learning.

6. If a speaker or session cannot be held due to circumstances beyond the control of the sponsors (e.g. natural disaster, strike, fire, severe weather, illness of the speaker, speaker cancellation, national emergencies, acts of war, etc.) the dates will be rescheduled, if possible, or an alternate speaker chosen and scheduled.

7. Only those registered in the UCDE Napa IPMHF, the program’s staff, faculty, and facilitators may attend the closed sessions of the program. Special guests, including former Napa Fellowship graduates, may attend with pre-approval by the program director. Training sessions are closed to all others (e.g. colleagues, employers, partners, spouses, children, etc.).

8. No session of the UCDE Napa IPMHF may be audiotaped, videotaped, or digitally or electronically recorded in any way. Use of laptops, iPads, cellphones, PDAs, and/or similar devices, including phone texting, may not be used in the class when faculty are presenting or RSCF session in progress. Cellphones and other electronic devices must be turned off or placed in silent mode during all sessions.

9. Handouts for most sessions will be provided to participants electronically via e-mail. Participants must have an e-mail account and the ability to open and process documents sent as Word documents, PowerPoint files, and pdf. Participants must also have equipment and connectivity necessary to participate in online trainings.

10. Enrolled Fellows who are breastfeeding a baby under 16 weeks age may have the baby in class with them. Because hours of attendance are critical for course completion, graduate units, and continuing education hours, time out of the room for any reason (e.g., pumping, soothing, changing, etc.) should be carefully monitored by the Breastfeeding Fellow/Mother (BFM) to limit time out of class, and BFM are strongly encouraged to have another adult available (who is not enrolled in the training) to care for the baby so the BFM can gain the most from the session. It will be the responsibility of the BFM to assure a comfortable learning environment for everyone by leaving the room if a baby’s crying or vocalizing compromises the learning environment. Finally, since every baby is different, BFM are encouraged to carefully consider and consult the baby’s health care provider to determine if it is safe for their young infant to be in the UCDE Napa IPMHF training venues with a large group of people for extended periods. Otherwise, children are not permitted in training sessions.

11. Because UCDE offers 23 quarter hours in the graduate professional series for the UCDE NIPMHF, Fellows will receive a letter grade at the completion of the Fellowship. The grading rubric will be provided at the first meeting in January 2016 and can be discussed in advance with potential applicants desiring this information before submitting an application.
Continuing Education

A Letter of Conformation summarizing the coursework completed and a graduate certificate will be issued to Fellows that meet all of the UCDE Napa IPMHF requirements. For an additional fee of $75, continuing education hours will be available through The Institute for Continuing Education for the disciplines of psychology, social work, marriage/family therapy, counseling, and nursing. The continuing education component of the program is co-sponsored by the Institute for Continuing Education. CE contact hours are awarded on a session-by-session basis, and full attendance is required for each session attended. On the opening weekend of the UCDE Napa IPMHF, program staff will provide CE registration packets. For the processing fee of $75, a maximum of 178 CE contact hours can be awarded for full attendance at all sessions. If you have questions regarding CE contact hours offered, the program, the presenters, or the learning objectives by session, please contact The Institute for Continuing Education at: (Phone) 800-557-1950; (Fax) 866-990-1960; or (E-Mail) InstContEd@AOL.com. Skills Level: Intermediate to Advanced

Psychology: The Institute for Continuing Education (ICE) is an organization approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. ICE maintains responsibility for this program and its content.

Social Work: ICE is approved as a provider for social work CE by the Association of Social Work Boards (ASWB), through its Approved Continuing Education (ACE) program. The ICE maintains responsibility for the program. ASWB Provider No. 1007; California Board of Behavioral Sciences Provider No. PCE 636.

Marriage/Family Therapy: ICE is an approved provider by the Texas Board of Marriage & Family Therapy. Texas Provider No. 177.

California Social Workers, MFT, Counselors: The California Board of Behavioral Sciences will honor programs that are sponsored by APA and ASWB providers.

Counseling: No NBCC credit is offered for this course.

Textbooks

Required Texts

- Diagnostic Classification of Mental Health and Developmental Disorders of Infancy & Early Childhood Revised (DC:0-3R) (2005); Zero to Three; ISBN: 9780943657905
- The Boy who was Raised as a Dog (2007) by Bruce Perry; Basic Books; ISBN 978-0465065638

Provided Texts


Other Highly Recommended Texts (cont.)

- How You are is as Important as What You Do (1998) by Jere Pawl & Maria St. John; Zero to Three; ISBN9780943657394

Other Highly Recommended Texts (cont.)

- How You are is as Important as What You Do (1998) by Jere Pawl & Maria St. John; Zero to Three; ISBN9780943657394

Skills Level: Intermediate to Advanced